

**Volume 51
Number 9**

January, 2024

**THE SUFFOLK
INTERGROUP BULLETIN**
Visit our SIA Website at:
<https://www.suffolkny-aa.org>

*"Take a Leap of Faith & begin this wondrous New Year by
Believing."*

Sarah Ban Breathnach

December Business

Notice

The SIA office has changed locations. It will be moved to

**33 Comack Circle Loop
Suite 11A-1
Ronkoncoma, NY 11779
The move will take place
some time in
early January 2024**

SIA Business Meeting

**The SIA Business Meeting has gone
HYBRID both in person and online
Our new location is**

**St. Joseph the Worker Church 510
Narragansett Ave. East Patchogue, NY 11772**

**LAST TUESDAY OF THE MONTH
Tues. 01/30/24 8:00 PM
SIA Business Meeting 8:00 PM**

**Join via ZOOM
ID 9412170 5886 Passcode service**

**New Rep Orientation: 7:00 PM IN
PERSON ONLY**

**Schools and Public Information
Joint Committee Meeting
EVERY THIRD TUESDAY OF THE MONTH
1/16/24 at 6:00 PM at the
SIA Office 33 Comack Loop Ste.
11A-1 Ronkoma**

Treatment Facilities Committee Meeting

**SECOND FRIDAY OF THE MONTH
1/12/24 7:30 - 9:00 PM**

**SIA Office
22 Comack Loop Ste. 11A-1
Ronkonkoma**

**also via Zoom
ID 9412170 5886 Passcode service**

**Suffolk General Service
THIRD FRIDAY OF THE MONTH
FRIDAY 1/19/24
8:00PM**

**Join via ZOOM
Mtg ID 932 6450 5176 Passcode 713704
Vist SGS Website for more information:
<https://aasufolk-ny.org>**

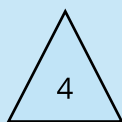
**Corrections Committee Meeting
FIRST TUESDAY OF THE MONTH
1/2/24 at 7:00PM at the SIA office
113-8 Bay Ave. Patchogue Also via
ZOOM ID 9412170 5886 Passcode service**

**The Archives Committee meets the
SECOND TUESDAY OF THE MONTH
1/9/24 7:00 PM
via Zoom
ID 996 096 9365. Password 799633**

**Congratulations to the
New SIA Officers
2024 - 2026**

**Chairperson Jim S.
Alternate Chair Allison M.
Recording Secretary Tiffany W.
Corresponding Secretary Zoie S.
Treasurer Tom B.**

**Best Wishes to Each of Them
And a Happy New Year to all!**



The Suffolk Intergroup

Around the AA Campus

Group Updates

New Sunday afternoon meeting at 2:00.

**Never Too Late, Peconic Landing 1500 Brecknock Road, Greenport. Meets in the Community Center.
(See Photo below)**

New women's meeting, Serenity Sisters, Thursday at 7:00 PM 755 Waverly Avenue Suite 205, Holtsville

New meditation meeting Bees Knees Thursday 7:30 PM 101 Main Street East Suite E, Port Jefferson

North Fork Promises Southold (Friday 6:00 PM) will no longer be meeting

After an amazing 44 years, the Holbrook Ronkonkoma Men's Discussion (Monday 7:30) has decided to shut down.

Heard in the Rooms

A bottom is where you finally find the truth

The Things We Cannot Change

Two wonderful people have left us...

Ron I, with the great laugh and booming voice, a mainstay of Mount Sinai and Port Jefferson

Bicycle Bob, a fixture at the meetings in Riverhead. Quick to extend a hand to the newcomer

Both will be missed so much. Our thoughts are with their loved ones



Never too Late

The Email Addresses of Intergroup Chairs

Chair - Jim S. - chairperson@suffolkny-aa.org

Alt Chair - Allison M. - alt-chair@suffolkny-aa.org

Treasurer - Tom B. - treasurer@suffolkny-aa.org

Corresponding Sec. - Zoie S. - corsec@suffolkny-aa.org

Recording Sec. - Tiffany W. - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - TBD - bulletins@suffolkny-aa.org

Corrections - TBD - correct@suffolkny-aa.org

Grapevine - TBD - grapevine@suffolkny-aa.org

Hot Line - TBD - phones@suffolkny-aa.org

Institutions - TBD - institutions@suffolkny-aa.org

Literature - TBD - books@suffolkny-aa.org

Meeting List - TBD - meetings@suffolkny-aa.org

Public Info - TBD - pubinfo@suffolkny-aa.org

Office Manager - TBD - siaoffice@suffolkny-aa.org

Schools - TBD - schools@suffolkny-aa.org

Special Events - TBD - specialevents@suffolkny-aa.org

Third Legacy - TBD - thirdleg@suffolkny-aa.org

Web Master - David P - webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R. SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason AAliaison@al-anon-suffolk-ny.org

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From the SIA Web Committee

HAPPY NEW YEAR! From the Web Committee members - David P, David V, Howie L & Kit C

VOLUNTEERS NEEDED - for assistance with the virtual setup at the monthly SIA Business Meeting and other web site matters. If interested, please contact us.

SIA GROUP SIA EMAIL ACCOUNTS (yourgroupname@suffolkny-aa.org) - we would like all Suffolk groups to access their SIA email account. If you don't know how to access your group's SIA email account, contact us for assistance.

WEB COMMITTEE - if you need help from us, or would like to help us, join us at our next Web Committee meeting, every 2nd Thursday, ZOOM meeting ID 941 2170 5886, passcode service

Contact: webmaster@suffolkny-aa.org Thank you for allowing us to

Sober Just For Today Group

St. James R.C. Church Parish Hall, East Setauket

January 2024 Topic Meeting on 4th Tuesday of the month January 30th at 10 a.m.

During the month of January, we will be focusing our 4th Tuesday Topic meeting on reading and discussing sections of The Doctor's Opinion from the Big Book of Alcoholics Anonymous.

THE DOCTOR'S OPINION

"William Duncan Silkworth supplied us with the tools with which to puncture the toughest alcoholic ego, those shattering phrases by which he escribed our illness: the obsession of the mind that compels us to drink and the allergy of the body that condemns us to go mad or die.

Without these indispensable passwords, A.A. could never have worked."

A.A. co-Founder, Bill W., August 1957, "The Physicians," The Language the Heart.

Feel free to bring your own Big Book. There will be printed copies available for participants to use during the meeting.



**In the Book
Holy Trinity Episcopal Church
786 Main Street
Greenport, NY 11944**

Once upon a time, three friends got sober together on the Upper East Side of Manhattan. They attended Big Book meetings together and supported each other in their early days. Although they “sort of kept in touch” over the years, their journeys brought them elsewhere.

Paula moved to Hawaii, Kevin did Big Book workshops and Kathleen was the speaker one year at the Bill Wilson Dinner. The years added up and they all ended up living not too far from each other on the North Fork. Coincidence? Not according to Paula. In her words this was a “God incidence.”

All three had so benefited from attending Big Book meetings, that after much deliberation, they decided to create a meeting out here with that same focus. “There’s a good message in the literature that we wanted to bring to the community. Many people are familiar with the Big Book but not what’s written inside it.” This meeting is truly a labor of love.

The first meeting was on July 1, 2023 at the Holy Trinity Episcopal Church. Holy Trinity has opened its doors many times to Alcoholics Anonymous over the years.

When Russ of the Archives Committee traveled over to photograph the meeting place, he was bowled over by the warmth extended. Even though he lives on the South Fork of Long Island, he immediately reconnected with some people he hadn’t seen in a bit. Such is the magic of our fellowship.

When three friends looked for solutions thirty years ago, they found them. They still know where they can find them. The answers are in the book. Those who look for them there can find answers for themselves too.

S.I.A. Archives Committee

**The Archives Committee is always looking for
volunteers to help save our Alcoholics
Anonymous history. Contact the SIA Office at
(631) 654-1150.**

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Me and Your Lord's Prayer

I am not a religious person, but after entering AA I did become a spiritual person. One of the early obstacles I had to overcome was the recitation of your Lord's prayer, which sure seemed at that time to be about religion. By mini-meditations, I was able to reword this prayer into a private format that I could better accept. My task was to find a more mature feeling of who my God was going to be for me, and what role I would now ask it to play in my life. It would be dissimilar to the god I had rejected years ago, lowering the worship word with more partnership. "Our", is a plural collective word, and "Father" a family word, became "This family of ours".

The language "who art in heaven" made me look for a concept of heaven that I could believe in. It seemed to be a place where peace exists, something like what the meeting rooms had become for me, an hour of peace with acceptance from the family that I was now pulling strength from. The meeting room was the best place for peace I had, and therefore it became a small piece of my heaven, a small sampling of what the human race could experience if it were sought.

The language "hallowed be thy Name" challenged me to seek out "Thy Name". With my limited ability as a creature, I sought a workable name for the creator that I would believe in. Since I was given the freedom "of my understanding", I decided it would be the entity of Love itself. Not the people that have it, but the essence of what it is, outside of human bodies. In all human situations, I would now expect to see a difference, if the higher power, love, was in people's lives.

My meeting rooms were proof enough of that because we are somehow different. I could now see that the phrase "Thy Kingdom come, thy will be done", is a request that love come and love be done. People that attempt to practice love, concern, tolerance, acceptance, and justice are noticeable on earth, just as love is, in our meetings, that piece of heaven. "On earth, as it is in heaven" became "On earth as it is in our rooms", my request that the earth experience our little one hour piece of heaven, where peace, tolerance, and love can exist despite the differences of age, gender, genes, and politics.

"Our daily bread", for spiritual growth are seen on the twelve steps wall poster. They became the spiritual food of groups to supply me with what I had been lacking.

Recently I examined "forgive my trespasses as I forgive those who trespass against me". Oddly, for me, it has become a request that I forgive myself for all the transgressions and omissions that I had done in my life, with the same intensity that I freely forgive others. It is a form of living amends, but to myself. This new life that I have begun to live is sufficient payment to end the beatings for my past, and to live more in the present, in a life that has love as its core.

Now I end by thinking "For thine is the Kingdom" of love lived at our meetings. The Power of Love is a healing strong enough to pull those still suffering into our small piece of heaven. And the Glory of Love is found when I witness the change in those who have the willingness to also seek the real world, which is actually found at our meetings. What happens later on, outside my meetings, is not the real world. Rather, it is the reality that our species is not capable of living with global love unless it asks for help from a power outside our species. That is why it is not real, it is without a spiritual core.

Love has done for me what I could not have done by myself. I knew why I came to AA, but my nondenominational interpretation of our prayer explains why I stayed. It is a prayer of change, of making a difference, and all because I was allowed to have my own interpretation of my higher power.

Thanks. Rick

AA Hotline Needs Volunteers!!



The AA Hotline needs you and especially your group to sign up to answer the phones.

To sign up as an individual scan this QR code :



To sign up as a group or for any other inquiries, email phones@suffolkny-aa.org.

For additional information visit <https://suffolkny-aa.org/hotline> or scan this QR code :



Did you know :

- Suffolk has the only A.A. Hotline in the country staffed entirely by volunteers like **YOU**
- **24/7 coverage** means there are **14 shifts** in a given week
- Daytime shifts run from **8am to 8pm**; Nighttime shift run from **8pm to 8am**
- **WE NEED GROUPS** to sign up for upcoming weeks
- If your group can not cover all 14 shifts in the week, we will help you fill gaps in the coverage.
- **WE NEED INDIVIDUALS** with 1 year of continuous sobriety to sign up
- You do not need a physical **Hotline Book** to work the hotline — there is an online version accessible from your computer, tablet or smartphone

AA Hotline

Needs Volunteers !!

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