



December, 2023

Volume 51
Number 8

**THE SUFFOLK
INTERGROUP BULLETIN**

**Visit our SIA Website at:
<https://www.suffolkny-aa.org>**

*Wishing You the
Happiest of Hollidays
and
a Wonderful
New Year in 2024!
From Your
Suffolk County
Intergroup Association*

December Business**SIA Business Meeting**

The SIA Business Meeting has gone
HYBRID both in person and online
Our new location is

St. Joseph the Worker Church 510
Narragansett Ave. East Patchogue, NY 11772

LAST TUESDAY OF THE MONTH

Tues. 12/26/23 8:00 PM

SIA Business Meeting 8:00 PM

Join via ZOOM

ID 9412170 5886 Passcode service

**New Rep Orientation: 7:00 PM IN
PERSON ONLY**

**Schools and Public Information
Joint Committee Meeting**

EVERY THIRD TUESDAY OF THE MONTH

**12/19/23 at 6:00 PM at the SIA office
113-8 Bay Ave. Patchogue**

**Treatment Facilities Committee
Meeting**

SECOND FRIDAY OF THE MONTH

12/8/23 7:30 - 9:00 PM

SIA Office

**113-8 Bay Ave. Patchogue
also via Zoom**

ID 9412170 5886 Passcode service

Suffolk General Service

THIRD FRIDAY OF THE MONTH

FRIDAY 12/15/23

8:00PM

Join via ZOOM

Mtg ID 932 6450 5176 Passcode 713704

Vist SGS Website for more information:

<https://aasuffolk-ny.org>

Special Events Committee Meeting

**FIRST TUESDAY OF THE
MONTH 12/5/23 at 8:00 pm**

Join Via Zoom

ID 9412170 Passcode 5886

Corrections Committee Meeting

FIRST TUESDAY OF THE MONTH

12/5/23 at 7:00PM at the SIA office

**113-8 Bay Ave. Patchogue Also via
ZOOM ID 9412170 5886 Passcode service**

A Note from The Chairman

I would like to take this time to thank Everyone for allowing me to serve for the past two years as the Chaiman of Suffolk intergroup.

It has been an honor and a privilege to be part of Suffolk Intergroup.

I would not have been able to perform my job without the officers and chair people who stepped up and served alongside of me.

These men and women worked tirelessly to assist the groups in Suffolk County to carry the message.

As I think back, I am amazed at how we function.

During my tenure we went through a lot of ups and down. We had to adjust to ever changing times. I am proud to say we accomplished our goal to support the groups of Suffolk County.

Congratulations to the new Officers and Committee chairs. I am sure they will continue to work hard for you and the groups.

Thank you for helping me stay sober

In Service

Lee B

Suffolk Intergroup Chairman



The Suffolk Intergroup

Around the AA Campus

Group Updates

Brentwood Gratitude has moved back to the East Brentwood Middle School 70 Hilltop Drive in the small cafeteria every Wednesday and Friday at 6:00 PM

Sunrise Early Sobriety In Amityville will be shutting during the colder months with plans to return to South Oaks in the Spring.

Restoration to Sanity in Aquebogue has shut down due to dwindling membership.

Other News Items

Cow Harbor Group in Northport, and Sisters in Spirit celebrated group anniversaries in October

**Smithtown Afternoon celebrated its 50th
Kings Park celebrated its 75th!**

Heard in the Rooms

AA made me an old man

We have no big shots in AA. We drink one shot, we're all shot.

The Things We Cannot Change

Cliff G from Kings Park left us with a big hole in our hearts. He will be missed.

**The Archives Committee meets the second Tuesday of every month at 7:00 PM on Zoom
ID 996 096 9365. Password 799633**

The Email Addresses of Intergroup Chairs

Chair - Lee B - chairperson@suffolkny-aa.org

Alt Chair - Jim S - alt-chair@suffolkny-aa.org

Treasurer - David V - treasurer@suffolkny-aa.org

Corresponding Sec. - Debbie - corsec@suffolkny-aa.org

Recording Sec. - Joanne - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - Fran - bulletins@suffolkny-aa.org

Corrections - Keith - correct@suffolkny-aa.org

Grapevine - Kevin - grapevine@suffolkny-aa.org

Hot Line - Zoie - phones@suffolkny-aa.org

Institutions - Dawn - institutions@suffolkny-aa.org

Literature - Bobby - books@suffolkny-aa.org

Meeting List - Howard - meetings@suffolkny-aa.org

Public Info - Ed - pubinfo@suffolkny-aa.org

Office Manager - Kathie - siaoffice@suffolkny-aa.org

Schools - Jackie - schools@suffolkny-aa.org

Share-A-Thon - Tiffany - share@suffolkny-aa.org

Special Events - Jeffrey A - specialevents@suffolkny-aa.org

Third Legacy - Laurie - thirdleg@suffolkny-aa.org

Web Master - David P - webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R. SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason AAliaison@al-anon-suffolk-ny.org

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From the SIA Web Committee

YOUR GROUP'S SIA EMAIL ACCOUNT (yourgrouppname@suffolkny-aa.org):

- works just like a regular Gmail account
- can be accessed from any computer, tablet or phone
- can be used to exchange announcements and celebration dates with other groups
- receives important information from SIA

Please contact us if you don't know how to access your group's SIA email account!

VOLUNTEERS NEEDED - we are looking for assistance with the virtual setup at the monthly SIA Business Meeting and other web site matters. If interested, please email us.

WEB COMMITTEE - if you need help from us, or would like to help us, join us at our next Web Committee meeting, every 2nd Thursday, ZOOM meeting ID 941 2170 5886, passcode service

Contact: webmaster@suffolkny-aa.org Thank you for allowing us to serve!

Sober Just For Today Group

(St. James R.C. Church Parish Hall, East Setauket)

January 2024 Topic Meeting on Tuesdays at 10 a.m.

THE DOCTOR'S OPINION

"William Duncan Silkworth...supplied us with the tools with which to puncture the toughest alcoholic ego, those shattering phrases by which he described our illness: the obsession of the mind that compels us to drink and the allergy of the body that condemns us to go mad or die.

Without these indispensable passwords, A.A. could never have worked."

A.A. co-Founder, Bill W., August 1957, "The Physicians," The Language the Heart

During the month of January, we will be focusing our 4 Tuesday Topic meetings on reading and discussing sections of The Doctor's Opinion from the Big Book of Alcoholics Anonymous.

Feel free to bring your own Big Book. There will be printed copies available for participants to use during the meeting.

All are welcome and we hope to see you!

The Suffolk Intergroup Bulletin

**There is a Solution
St. Mark's Episcopal Church
754 Main Street
Islip, N.Y. 11751**

Three members of the then Bay Shore Non-Smokers (now called Bay Shore Sobriety) started this group: Dave Mc, Bruce B, and Steve S. Bruce met with the pastor of St. Mark's, who believed it would be a wonderful ministry for the church.

The three of them had tried in vain to impress upon their old group that "the Twelve Steps are the main reason for Alcoholics Anonymous." The 8:00 PM Step meeting at the group was getting very little business and when a Traditions meeting was scheduled, "no one showed up." There was an overemphasis on newcomers and they have "really nothing to tell us." When they tried to raise group awareness and brought this up at business meetings, it would be voted down. And the ones voting it down didn't even attend Step meetings!

After repeated attempts were made, the decision was made to start this new meeting. The name chosen is the title of Chapter 2 in the Big Book.

The original plan was to meet on Monday and Wednesday, but unbeknownst to them, another lady negotiated for the Wednesday slot to start the Serenity at Seven meeting. So, they ended up with Monday and Friday, the same two days the old group met, fueling accusations that this was being done deliberately. One person even called them a "communist group." Their first meeting was on May 8, 2005.



Back then, there were two circles for people to sit - an inner one which filled up quickly and an outer one. It was designed to give everyone a chance to speak. It also encouraged people to come early - the early bird gets those inner seats. To speed things along and make it fair for all, a time limit was imposed, limiting each person to a two-minute share. The speaker would stand in the middle of the circle. It was nothing to have 60 to 90 people showing up for their meetings.

Times changed. The group took a long time to bounce back after the pandemic in 2020. But their numbers are nothing like the halcyon days.

They still met upstairs in this cavernous room, but the circles are a thing of the long past. Even two of the original co-founders left in 2015 to start yet another group - The Trudge Group, also in Islip.

Despite the changes, there is some solid, long-term sobriety showing up each week. They know there is a solution and are keeping their doors open for all those seeking it.

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history. Contact the SIA Office at

Santa Claus is Drinkin This Year

You better not moan, you better not whine,

You better live life one day at a time,

'Cause Santa Claus is drinking this year!

*He's drinking at dawn, he drinks all day
long,*

He then drives his sleigh all the way home,

Santa Claus is drinking this year!

*But he's going into rehab, he says he'll do
A.A.,*

He promises to give it up,

After Christmas Day!

So, you better not moan, you better not whine,

You better live life one day at a time,

'Cause Santa Claus is drinking this year!

Hohoho! Merry Christmas!

Lorelei

SUFFOLK COUNTY
AL-ANON IN PARTICIPATION WITH AA
DISTRICT 120 AREA 49

**"A JOURNEY THROUGH
THE STEPS"**

FREE EVENT
This is a Quarterly Workshop focusing
on 3 steps at a time.

SESSION 3 (STEPS 10-12)

SATURDAY.
DECEMBER 16TH
10AM-2PM

TRUE NORTH CHURCH
1101 LAKELAND AVENUE BOHEMIA, NY 11716

FOR INFORMATION CONTACT
ALIAISON@AL-ANON-SUFFOLK-NY.ORG
DCM120@AASUFFOLKGS-NY.ORG

The basket will be passed honoring our 7th Tradition

Have a question? Put it in the "Ask Basket"

SUFFOLK INTERGROUP ASSOCIATION
IS HOSTING
THE BIG MEETING

DECEMBER 2ND 2023
12PM-4PM
TRUE NORTH COMMUNITY CHURCH
1101 LAKELAND AVE.
BOHEMIA, NY 11716

LUNCH WILL BE SERVED

For more information email:
Bigmeeting@Suffolkny-aa.org

SUFFOLK INTERGROUP PRESENTS
ANNUAL CHRISTMAS
ALCATHON

SUNDAY DECEMBER 24th, 2023 @ 10:00 PM
THROUGH CHRISTMAS DAY UNTIL 4 PM

ST. JOSEPH THE WORKER RC CHURCH
510 NARRAGANSETT AVE., EAST
PATCHOGUE, NY, 11772

Groups can participate by
taking a time slot
without you there is no us!

If interested in taking a time
slot please e-mail:
specialevents@suffolkny-aa.org