

**THE SUFFOLK
INTERGROUP BULLETIN**
Visit our SIA Website at:
<https://www.suffolkny-aa.org>

November, 2023

Suffolk Intergroup Association brings you
THANKSGIVING ALCATHON
marathon meetings every hour on the hour

When?

Wednesday, Nov. 22nd, 8pm - Thursday, Nov. 23rd, 5pm

Where?

St. Joseph the worker Church basement
510 Narragansett Ave., East Patchogue NY 11772

Who to contact for more information?

ThanksgivingAlcathon@Suffolkny-aa.org



The Suffolk Intergroup Bulletin

November Business

SIA Business Meeting

The SIA Business Meeting has gone
HYBRID both in person and online
Our new location is St. Joseph the Worker
Church 510 Narragansett Ave. East Patchogue,
NY 11772

LAST TUESDAY OF THE MONTH

Tues. 11/28/23 8:00 PM
SIA Business Meeting 8:00 PM

Join via ZOOM
ID 9412170 5886 Passcode service

**New Rep Orientation: 7:000 PM IN
PERSON ONLY**

Schools and Public Information Joint Committee Meeting

EVERY THIRD TUESDAY OF THE MONTH
11/21/23 at 6:00 PM at the SIA office
113-8 Bay Ave. Patchogue

Treatment Facilities Committee Meeting

SECOND FRIDAY OF THE MONTH
11/10/23 7:30 - 9:00 PM

SIA Office
113-8 Bay Ave. Patchogue
also via Zoom
ID 9412170 5886 Passcode service

Suffolk General Service

THIRD FRIDAY OF THE MONTH

FRIDAY 11/17/23

8:00PM

Join via ZOOM
Mtg ID 932 6450 5176 Passcode 713704
Vist SGS Website for more information:
<https://aasuffolk-ny.org>

Special Events Committee Meeting

**FIRST TUESDAY OF THE
MONTH 11/7/23 at 5:30 pm**

Join Via Zoom
ID 9412170 Passcode 5886

Corrections Committee Meeting

FIRST TUESDAY OF THE MONTH
11/7/23 at 7:00PM at the SIA office
113-8 Bay Ave. Patchogue Also via ZOOM
ID 9412170 5886 Passcode service

NOTICE:

**The November 28th Inergroup business meeting of Intergroup
Representatives will be our election assembly for new officers in
2024 - 2025.**

**All Intergroup representatives should be in attendance, to have a
voice and a vote in the spirit of CONCEPTS I, II, III, & IV.**

***This all should all be done in the spirit of CONCEPT IX**

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Around the AA Campus

Group Updates

North Fork Women's New Beginnings is back! They will be meeting at the First Presbyterian Church 53100 Main Road Southold every Saturday at 10:00 AM.

Another ladies group Freedom to Live has added a Monday 2:00 PM Step meeting to its lineup. They also meet Monday and Wednesday at 12:30 PM. This all happens at St. Thomas of Canterbury 29 Brookside Drive Smithtown.

11th Step Meditation meeting is no more. This Saturday 11:00 AM meeting had been around in Water Mill since 1988.

Twelve Steps of Hope Online has streamlined its meeting schedule slightly. They will now meet only on Wednesday (Big Book) and Saturday (closed discussion)—both at 11:00 AM. Zoom ID 825 4018 3732 Passcode:stlukes

Other News Items

The Share-a-thon was a huge success. Held on October 1 at St. Joseph the Worker in Patchogue, hundreds of us met in fellowship to laugh, love and learn from each other. As always, the team that put this together did another outstanding job. The groups provided quality speakers on a wide assortment of topics. There was good fellowship. There was good food. If you have never gone to one of these before, consider it next year.

The Intergroup office in Patchogue has been undergoing some upgrades. The front of the building has gotten a new painting and lights have been added. See photo below.

Final Thought This Month

November has traditionally been the month of gratitude. A perfect time to throw an extra buck or two or ten into the basket. Maybe this will spur you on to send that monetary gift to AA World Services. A dollar for every year you are sober could be a good starting point. Remember: this program did save your life



SIA Office
Patchogue

The Email Addresses of Intergroup Chairs

Chair - Lee B - chairperson@suffolkny-aa.org

Alt Chair - Jim S - alt-chair@suffolkny-aa.org

Treasurer - David V - treasurer@suffolkny-aa.org

Corresponding Sec. - Debbie -
corsec@suffolkny-aa.org

Recording Sec. - Joanne - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - Fran - bulletins@suffolkny-aa.org

Corrections - Keith - correct@suffolkny-aa.org

Grapevine - Kevin - grapevine@suffolkny-aa.org

Hot Line - Zoie - phones@suffolkny-aa.org

Institutions - Dawn -
institutions@suffolkny-aa.org

Literature - Bobby - books@suffolkny-aa.org

Meeting List - Howard -
meetings@suffolkny-aa.org

Public Info - Ed - pubinfo@suffolkny-aa.org

Office Manager - Kathie -
siaoffice@suffolkny-aa.org

Schools - Jackie - schools@suffolkny-aa.org

Share-A-Thon - Tiffany - share@suffolkny-aa.org

Special Events - Jeffrey A -
specialevents@suffolkny-aa.org

Third Legacy - Laurie - thirdleg@suffolkny-aa.org

Web Master - David P -
webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R.
SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason
AAliaison@al-anon-suffolk-ny.org

The Archives Committee meets the second
Tuesday of every month at 7:00 PM on
Zoom

ID 996 096 9365. Password 799633



The Suffolk Intergroup

Suffolk Intergroup
Association of
Alcoholics Anonymous

AREA 49
SOUTH EASTERN NEW YORK
SENY

Suffolk County
General Service

FALL 2023 CONTRA STUDY (virtual study of the CONcepts, TRAditions & The A.A. Service Manual)

*presented by District 120, Area 49, in cooperation with SIA Suffolk Intergroup Association
moderated by Trusted Servants from Area 49 (New York)*

every Thursday, 8pm – 9pm, August 3 thru November 16

ZOOM Meeting ID 928 3884 9973, passcode 164

dial in: (720) 707-2699, Meeting ID 928 3884 9973#, passcode 164#

We will cover approximately three chapters of reading material per week, with associated questions. Only those who have read the assignment and have written answers to the weekly questions will be invited to read their answers to the group. All others are welcome to join the meeting and listen.

Schedule:

Aug. 3: Registration and Orientation

Aug. 10: Traditions 1, 2, 3

Aug. 17: Traditions 4, 5, 6

Aug. 24: Traditions 7, 8, 9

Aug. 31: Traditions 10, 11, 12

Sept. 7: Service Manual pgs. VIII, 1-6, 85-104

Sept. 14: Service Manual chap. 1-3, pgs. 105-114, 160-162

Sept. 21: Service Manual chap. 4-6, pgs. 164-168

Sept. 28: Service Manual chap. 7-9, pgs. 169-173

Oct. 5: Service Manual chap. 10-12, pgs. 155-159, 163

Oct. 12: Service Manual pgs. 115-154

Oct. 19: Concepts pgs. 1-VI, C1-C2, Concepts 1, 2 & 3

Oct. 26: Concepts 4, 5, 6

Nov. 2: Concepts 7, 8, 9

Nov. 9: Concepts 10, 11

Nov. 16: Concept 12

CONTRA STUDY Materials (provided upon request):

- Twelve Steps and Twelve Traditions, B-2
- The A.A. Service Manual combined with the Twelve Concepts for World Service, BM-31, 2021-2023 edition
- AA Grapevine Traditions Checklist, July 2018 revision
- A.A.W.S. Concepts Checklist, SMF-91, 08/18 edition (above items available free from www.aa.org)
- 2023 CONTRA Study Service Manual Questions

For more information contact:

Jim S., DCM District 120
dcml20@asuffolkgs-ny.org

Dawn D., SIA Institutions Chair
institutions@suffolkny-aa.org

Laurie A., SIA Third Legacy Chair
thirdleg@suffolkny aa.org

From the SIA Grapevine Chair
Hi I'm Kevin, your Grapevine Chair .

**Please help me stay sober by
allowing me to attend your meetings to
help pass along the greatest AA
magazines and book s ever written.
I'll come to your gr oup and set up a
display which you and your member s
can browse.**

**I can be reached at
Grapevine@suffolkny-aa.org**

S.I.A--Suffolk Intergroup Association

What is it? It is a group of alcoholics who get together and join committees that get the message of recovery to the "still sick and suffering."

How does it work? By getting people to speak routinely at rehabs, detoxes, jails even schools and addiction events in Suffolk County. By putting together the meeting lists and mailing out the bulletins and selling the literature from the office.

Why attend Intergroup meetings? Because this is where we come together and share information about what is happening in A.A. This is where we share ideas and communicate with every other group in Suffolk County.

Who needs to go? Anyone can attend S.I.A rep meetings they just can't vote unless they are a groups representative. New rep orientation is the hour before the rep meeting.

Where? The meeting is held the last Tuesday of each month at 8pm at St Joseph the Worker church 510 Narragansett Ave East Patchogue or by **ZOOM #941 2170 5886 PWD Service**

If you have any questions about the committees you can email them, their addresses are on the Suffolk AA website or in the monthly bulletin.

From the SIA Web Committee

SIA GROUP EMAIL ACCOUNTS - did you know you can use your group's SIA email account to send announcements to other groups? Contact us if you would like to use your group's SIA email account.

AA-RELATED EVENTS - send us the details of your upcoming event (including flyer if you have), we can help you get the word out. TECH-SAVVY VOLUNTEERS - we are looking to add informative video content to our website; if you have an interest or talent in this area, let us know.

WEB COMMITTEE - if you need help from us, or would like to help us, join us at our next Web Committee meeting, every 2nd Thursday, ZOOM meeting ID 941 2170 5886, passcode service

Contact: webmaster@suffolkny-aa.org Thank you for allowing us to serve!

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Get Your Step On 1572 5th Avenue Bay Shore, N.Y. 11706

There is a practice in Alcoholics Anonymous called the road trip. Get a few AA friends together and head out to a meeting. Maybe one of you is scheduled to speak. Maybe you just want to hit a different meeting. Whatever the reason, there is usually good fellowship on the ride there and back. Sometimes truly great things happen during these road trips.

Zack, George, Brandon, Willie and James had already hit a meeting when the idea struck them to shoot for one more. All are relatively new to Alcoholics Anonymous and the fires of recovery are burning brightly in them. Hitting two meetings in one evening is not such a far-fetched idea.

One night their excursion brought them to a meeting at Grupo Hispano in Bay Shore. One of them was invited to tell his story, which he did in Spanish. Others shared theirs in English. It was a bilingual celebration of recovery. Out of that came an invitation to start a meeting there.

Grupo Hispano, like many other Spanish language groups in Suffolk County, rents a large space monthly. They have to; they meet nine times a week. Outside of the times they meet, the room is mostly unused. Why not let another group use that time. This may be the first time an English meeting will be meeting at a Spanish meeting place in Suffolk. It is surprising more groups haven't set up similar arrangements.

Since Spanish groups rent their space by the month, they are free to decorate their spot as would any other business renting space. The room is painted a festive bright green. Posters announcing upcoming Spanish group anniversaries in the tri-state area are hung on the walls. The most impressive innovation is the different way the letters "AA" are worked into the decor. They are on the glass front door and the floor tiles have not one but two large ones. There is no doubt whatsoever who meets here.

The five friends went to work immediately and kicked around ideas. They came up with both a format and a name for their new meeting. The focus will be on the Twelve Steps.



Get Your Step On Bayshore

It is important to them to get the message out there to those who are suffering from our disease. That would be reflected in their name: Get Your Step On.

Saturday January 7, 2023 at 6:00 PM was the first meeting. One half hour before starting time, at least ten people had arrived. It is unusual for any meeting, much less a brand new one, to have so many people show up so early. For the last few weeks, the co-founders had been spreading the word around town. Their work paid off. By starting time, the early birds would be joined by another 20 to bring the total to 30 in attendance.

Jon from Young at Heart in Islip/The Safe Space was the first speaker. He shared wonderfully on the first three Steps. He would be returning the next three Saturdays to complete the cycle. Each week will cover three Steps. It was emphasized repeatedly that he was sharing his experiences on the Steps, not teaching them.

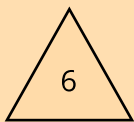
In addition, he spent time discussing Step Zero. That's when a person stops drinking but is woefully stuck because they have no program of recovery. Sooner or later the pain will re-emerge and may lead to a very uncomfortable sobriety or even a relapse.

Many people have shared over the years about the things that can happen on a road trip. People bond more closely with each other. Sometimes, they laugh until their sides hurt. Once in a while they start the ball rolling to get a new meeting going. When that happens, we all benefit.

S.I.A. Archives Committee

January 8, 2023

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history. Contact the SIA Office at (631) 654-1150.



The Suffolk Intergroup Bulletin

DOES YOUR GROUP HAVE A GENERAL SERVICE REPRESENTATIVE??? **HOW ABOUT A SUFFOLK INTERGROUP REPRESENTATIVE???**

If not, your Group is not a part of the larger world of Alcoholics Anonymous and is not only isolated from most service work but has no voice in the future of our Fellowship. Almost as important, your Group is denying its members information about activities, both social and service oriented, taking place in Suffolk County and the South Eastern New York Area to which all local groups belong.

The General Service Representative (GSR) has the job of linking his or her group with A.A. as a whole. The GSR represents the group at the District, County and Area levels, bringing your Group's opinions, news and problems to the District Committee Member and to the Delegate, who then passes them on to the conference. The GSR is perhaps the most important role in AA. It is through their GSR that each group has a voice and a vote in larger AA matters. This connection helps keep AA unified, both in a practical sense and spiritually.

Intergroup is another type of A.A. service entity, "directly responsible to those they serve," as described in Tradition Nine. Here in Suffolk County, Suffolk Intergroup (SIA) and Suffolk General Service (SGSO) coordinate with each other to complement and divide up the county's service needs. Suffolk Intergroup is, basically, the "boots on the ground" part of our service structure. Among many services, SIA coordinates the Suffolk Hotline for those in crisis and seeking help, publish our county-wide meeting list, bring meetings to jails and institutions and publish a monthly newsletter. Both organizations hold special workshops and meetings and serve as clearinghouses for public information.

Local group representatives reflect the groups' conscience in A.A.'s service operations.

At group business meetings, your Group Representatives report on the activities and pending decisions in Intergroup and Area committee activities, often sparking discussions among group members that provide the GSR and Intergroup rep with a feel for how our service organizations can better serve the groups' needs. In group recovery meetings, Group Representatives make available fliers announcing area and regional activities.

SIA PROVIDES EMAIL ADDRESSES FOR ALL REGISTERED GROUPS!

Sadly, many groups are missing out on these vital links to service work and the larger A.A. world. SIA and SGSO are working together to encourage greater group participation. We are hoping to, at least, make members aware of the services we can offer your group. A member of the Suffolk General Service Outreach Committee or the SIA Third Legacy Committee will gladly come to your group business meeting and explain all this to your group. contact us at dcm111@aasuffolkgs-ny.org

SUFFOLK COUNTY
AL-ANON IN PARTICIPATION WITH AA
DISTRICT 120 AREA 49

"A JOURNEY THROUGH THE STEPS"

This is a Quarterly Workshop focusing
on 3 steps at a time.

**FREE
EVENT**

SESSION 3 (STEPS 10-12)

The basket will
be passed
honoring our
7th Tradition

Have
questio
Put it
the "Ask
Basket

**SATURDAY.
DECEMBER 16TH
10AM-2PM**

TRUE NORTH CHURCH
1101 LAKELAND AVENUE BOHEMIA, NY 11716

FOR INFORMATION CONTACT
ALIAISON@AL-ANON-SUFFOLK-NY.ORG
DCM120@AASUFFOLKGS-NY.ORG

*Join us for the SIA
Christmas Marathon
Meetings every hour on the hour
Sunday December 24th at 10 pm to
Monday December 25th at 2 pm
St. Joseph the Worker Church
basement
510 Narragansett Ave.
Patchogue, NY 11772*

SUFFOLK INTERGROUP ASSOCIATION
IS HOSTING

THE BIG MEETING

**DECEMBER 2ND 2023
12PM-4PM**

**TRUE NORTH COMMUNITY CHURCH
1101 LAKELAND AVE.
BOHEMIA, NY 11716**

LUNCH WILL BE SERVED

For more information email:

Bigmeeting@Suffolkny-aa.org

