



August, 2023

**Volume 51
Issue 4**

**THE SUFFOLK
INTERGROUP BULLETIN**
Visit our SIA Website at:
<https://www.suffolkny-aa.org>

**“Every Mountain Top is
Within Reach if You Just
Keep Climbing”**

Barry Finlay

August Business Meetings

SIA Business Meeting

The SIA Business Meeting has gone
HYBRID both in person and online
Our new location is St. Joseph the Worker
Church 510 Narragansett Ave. East Patchogue,
NY 11772

Join via ZOOM
ID 9412170 5886 Passcode service

LAST TUESDAY OF THE MONTH
Tues. 8/29/23 8:00 PM
SIA Business Meeting 8:00 PM

New Rep Orientation:
7:00 PM IN PERSON ONLY

Schools and Public Information Joint Committee Meeting

EVERY THIRD TUESDAY OF THE MONTH
8/17/23 at 6:00 PM at the SIA office
113-8 Bay Ave. Patchogue

Share-A-Thon Committee Meeting LAST TUESDAY OF THE MONTH 8/29/23

Just prior to SIA meeting at
7:00 PM at St. Joseph the Worker Church
510 Narragansett Ave. Patchogue, NY
Also join via ZOOM
ID 941 2170 5886 Passcode service

Treatment Facilities Committee Meeting

SECOND FRIDAY OF THE MONTH
8/11/23 7:30 - 9:00 PM

SIA Office
113-8 Bay Ave. Patchogue
also via Zoom
ID 9412170 5886 Passcode service

Suffolk General Service

THIRD FRIDAY OF THE MONTH
FRIDAY 8/18/23

Join via ZOOM
Mtg ID 932 6450 5176 Passcode 713704
Vist SGS Website for more information:
<https://aasuffolk-ny.org>

Special Events Committee Meeting CANCELLED

Corrections Committee Meeting
FIRST TUESDAY OF THE MONTH
7/4/23 at 7:00PM at the SIA office
113-8 Bay Ave. Patchogue Also via ZOOM
ID 9412170 5886 Passcode service

Send your work to the Bulletin for publication!

Your experiences in AA. Any topics or your
personal story. Your work will be edited by the bulletin chair.

Anywhere between 200 to 800 words.

Share your story with AAs across Suffolk County
and do great service!

Send to bulletins@suffolkny-aa.org

Around the AA Campus Group Updates

Cleary has moved its 7:00 PM hybrid Thursday meeting to Greenbelt Recreation Center 281 Patchogue-Holbrook Road. They still have a 7:00 PM meeting going on at St. Mary's 315 Lake Shore Road Ronkonkoma. Plus there is a Sunday 10:00 AM Zoom meeting ID 848 7903 1202 Passcode 12steps

In the Book is a brand new Big Book meeting held every Saturday morning at 10:00. This is a closed meeting being held at Holy Trinity 768 Main Street in Greenport.

The Only Requirement has shuffled around its schedule. Monday (Beginner hybrid), Tuesday Step online), Wednesday (Daily Reflections online), Thursday (closed topic), Friday (Big Book hybrid) and Saturday (Living Sober online).

In-person meets at the Library Annex 369 Neighborhood Road Mastic Beach. Zoom information: 461 401 9987. Passcode; SERENITY

Southold Settlers will no longer meet online Wednesday at 11:30 AM. That meeting will be in person at St. Peter's Lutheran Church 71305 Main Road Greenport

Sunrise Early Sobriety is back in the South Oaks auditorium every Friday at 7:00 PM. This is a closed discussion. South Oaks is at 80 Loudon Avenue in Amityville

Your Journey Begins is back! Every Friday at 7:00PM at 18 Millay Lane Bay Shore. Enjoy a nice fire pit and some great sharing.

It was not a good month for Wednesday online meetings. Love and Tolerance a Wednesday 3:00 PM has decided to stop meeting. Likewise, We're No Angels Wednesday 7:00 PM has called it quits

Heard in the Rooms

Resentments are expectations under construction

Group Emails

If your group hasn't yet elected someone to be your group's Intergroup rep, why not bring it up at your next business meeting? When we all work together, we can best reach out to all who are still sick and suffering alcoholics

The Email Addresses of Intergroup Chairs

Chair - Lee B - chairperson@suffolkny-aa.org

Alt Chair - Jim S - alt-chair@suffolkny-aa.org

Treasurer - David V - treasurer@suffolkny-aa.org

Corresponding Sec. - Debbie -
corsec@suffolkny-aa.org

Recording Sec. - Joanne - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - Fran - bulletins@suffolkny-aa.org

Corrections - Keith - correct@suffolkny-aa.org

Grapevine - Kevin - grapevine@suffolkny-aa.org

Hot Line - Zoie - phones@suffolkny-aa.org

Institutions - Dawn -
institutions@suffolkny-aa.org

Literature - Bobby - books@suffolkny-aa.org

Meeting List - Howard -
meetings@suffolkny-aa.org

Public Info - Ed - pubinfo@suffolkny-aa.org

Office Manager - Kathie -
siaoffice@suffolkny-aa.org

Schools - Jackie - schools@suffolkny-aa.org

Share-A-Thon - Tiffany - share@suffolkny-aa.org

Special Events - Jeffrey A -
speialevents@suffolkny-aa.org

Third Legacy - Laurie - thirdleg@suffolkny-aa.org

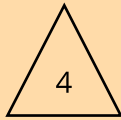
Web Master - David P -
webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R.
SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason
AAliaison@al-anon-suffolk-ny.org

The Archives Committee meets the second
Tuesday of every month at 7:00 PM on
Zoom

ID 996 096 9365. Password 799633



The Suffolk Intergroup

S.I.A--Suffolk Intergroup Association

What is it? It is a group of alcoholics who get together and join committees that get the message of recovery to the "still sick and suffering."

How does it work? By getting people to speak routinely at rehabs, detoxes, jails even schools and addiction events in Suffolk County. By putting together the meeting lists and mailing out the bulletins and selling the literature from the office.

Why attend Intergroup meetings? Because this is where we come together and share information about what is happening in A.A. This is where we share ideas and communicate with every other group in Suffolk County.

Who needs to go? Anyone can attend S.I.A rep meetings they just can't vote unless they are a groups representative. New rep orientation is the hour before the rep meeting.

Where? The meeting is held the last Tuesday of each month at 8pm at St Joseph the Worker church 510 Narragansett Ave East Patchogue or by **ZOOM #941 2170 5886 PWD Service**

If you have any questions about the committees you can email them, their addresses are on the Suffolk AA website or in the monthly bulletin.

*If you want to lift yourself up, lift
up someone else.*

BOOKER T. WASHINGTON

From the SIA Grapevine Chair

**Hi I'm Kevin, your Grapevine Chair.
Please help me stay sober by
allowing me to attend your meetings to
help pass along the greatest AA
magazines and books ever written.
I'll come to your group and set up a
display which you and your members
can browse.**

**I can be reached at
Grapevine@suffolkny-aa.org**

From the SIA Web Committee

**WEB SITE MENU - our web site Menu (blue bar at top) now includes a
SERVICE/COMMITTEES section with links for each SIA Committee, and
a NEWS/EVENTS section with links for upcoming events.**

**SIA EMAIL ACCOUNTS - SIA sends some news, reports and updates via
the group email accounts only. Groups can also use their SIA email
account to reach out to other groups. If your group isn't using your SIA
email account, just email us and we will set you up.**

**DO YOU NEED HELP? We are always looking for ways to help groups &
members, and would love to hear your ideas. You can email us at
webmaster@suffolkny-aa.org, or join us for the next SIA Web Committee
meeting (every 2nd Thursday, ZOOM meeting ID 941 2170 5886, passcode
service)**

Thank you for allowing us to serve!

The Suffolk Intergroup Bulletin

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**Sisters in Spirit
St. John Nepomucene
1140 Locust Avenue
Bohemia**

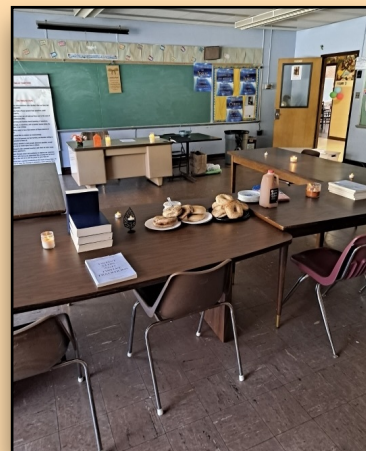
Alcoholics Anonymous in Suffolk County is a dynamic force. Our basic program of recovery may stay the same, but the means of carrying that message changes regularly. Working within the guidelines of the Twelve Traditions, established groups tinker with the times they meet and the format of their meetings. New groups are created to fill a need. All of this is designed to help others. Change is ever-present and necessary.

However, the changes experienced during the pandemic years were unheard of. Groups came and went. We said goodbye to many long-time groups. Likewise, we welcomed an unprecedented number of new meetings. Whether online, on the phone or in person, the number of new meetings was twice the amount that normally happens over the course of two years.

These new meetings offered a variety of formats. Some zeroed in on the Big Book. Others replaced groups that shut down. Five of them were specifically set up for women. Four of those were online. Sisters in Spirit was the only face-to-face. It was also the only meditation meeting for any gender.

Natalie and Kelly are the two ladies who saw the need for this Saturday noon meeting for women.

They made arrangements with St. John Nepomucene in Bohemia – a friend of Alcoholics Anonymous if there ever was. Many other AA - as well as other Twelve Step fellowships - regularly meet there. There was an opening for noon which suited this new meeting nicely. The format



decided upon was a beginners meditation. On October 9, 2022, the first meeting was held. An atmosphere conducive to quiet contemplation was created with burning candles. There was apple cider and bagels to help ward off any distracting hunger or thirst. This allowed all participants to focus fully on the meditation. All eight in attendance seemed to get into the spirit of things—which is the very reason Sisters in Spirit exists.

(According to the recent SIA Meeting list, the group has added a meeting on Wednesday evening at 5:45 PM which features a similar format for women, beginners, and 11th Step Meditation. Both meetings are listed as outdoor meetings, presumably if weather permits.)

S.I.A. Archives Committee

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history. Contact the SIA Office at (631) 654-1150.

The Suffolk Intergroup Bulletin

IT'S NEVER TOO EARLY TO BE THANKFUL

or to set up a Thanksgiving Alcathon Sub-Committee!!

Suffolk Intergroup Association is grateful to bring you
A Thanksgiving Alcathon Wednesday 11/22-Thursday 11/23

WE NEED YOUR HELP PLANNING!

Join us every 3rd Wednesday on Zoom starting...

WEDNESDAY, JULY 19TH
@ 8PM

Zoom ID: 941 2170 5886
Password: service

ThanksgivingAlcathon@suffolkny-aa.org

SUFFOLK COUNTY

Al-Anon in participation with AA

*"A Journey Through
The Steps"*

This is a **QUARTERLY** Workshop
focusing on 3 steps at a time.

Session 3 (steps 7-9)

**FREE
EVENT**

Have a
question?
Put it in the
"Ask It"
Basket.

Saturday
23rd

September, 2023
10am-2pm

The basket
will be
passed
honoring
our 7th
Tradition

True North Church

1101 Lakeland Avenue. Bohemia, NY 11716

For information contact

AAIason@al-anon-suffolk-ny.org



SHARE-A-THON

OCTOBER 1ST, 2023

AL-ANON PARTICIPATION

COMMITTEE MEETING IN PERSON & HYBRID

ST. JOSEPH THE WORKER CHURCH
510 NARRAGANSETT AVE., EAST
PATCHOGUE, NY 11772

THE LAST
TUESDAY
EVERY
MONTH @
7 PM

ZOOM ID: 941 2170 5886
PASSWORD: service

GROUP DONATIONS
NEEDED
(COFFEE, SUGAR,
PLATES, NAPKINS,
PLASTIC UTENSILS,
SODA, WATER,
COFFEE POTS, ETC.)

*Dropped off at SIA office
labeled SHARE-A-THON*

GROUPS CAN START SUBMITTING TOPICS TO E-MAIL BELOW

CONTACT TIFFANY:
SHARE@SUFFOLKNY-AA.ORG

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SUFFOLK INTERGROUP ASSOCIATION

FISHING TRIP

DATE / TIME
Aug 13th, 2023
7am - 3:30pm

WHERE
3rd Street
Greenport, NY

SAILING ON
Peconic Star
Fishing Boat



First come first serve.
Boat holds up to 65 people.
Minimum of 20 needed to rent entire boat.

Buy ticket by August 1st if you want to eat!!!!!!

Questions?
Email speialevents@suffolkny-aa.org or
Call (631) 875-8751

WWW.SUFFOLKNY-AA.ORG/FISHING-TRIP

ALL AGES EVENT

TICKETS
\$150 PER PERSON

INCLUDES

BOAT
BAIT
POLE
TACKLE
DRINKS
FOOD

● LIGHT BREAKFAST
● LUNCH

DOES NOT INCLUDE

TIPS for mates
FISH CLEANING



SCAN CODE TO BUY TIX



SUFFOLK INTERGROUP PRESENTS



BARBECUE PICNIC

Heckscher State Park
Taylor Pavilion

SUNDAY
SEPT 10, 2023
11 AM- 6 PM

We are accepting contributions
from groups or individuals for
newcomers

speialevents@suffolkny-aa.org

www.suffolkny-aa.org/picnic

Adults \$20
Under 12 \$10
Under 3 Free

