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The Suffolk Intergroup Bulletin

June Business Meetings

SIA Business Meeting

The SIA Business Meeting has gone HYBRID both in person and online Our new location is St. Joseph the Worker Church 510 Narragansett Ave. East Patchogue, NY 11772

Join via ZOOM
ID 9412170 5886 Passcode service
LAST TUESDAY OF THE MONTH
Tues. 6/27/23 8:00 PM
SIA Business Meeting 8:00 PM
New Rep Orientation:

7:00 PM IN PERSON ONLY

Also via Zoom Join via ZOOM ID 9412170 5886 Passcode service Schools and Public Information EVERY THIRD TUESDAY OF THE MONTH 6/15/23 at 6:00 PM at the SIA office 113-8 Bay Ave. Patchogue

Share-A-Thon
LAST TUESDDAY OF THE MONTH

6/27/23

Just prior to SIA meeting at 7:00 PM at St. Joseph the Worker Church 510 Narragansett Ave. Patchogue, NY Join via ZOOM ID 941 2170 5886 Passcode service Treatment Facilities
SECOND FRIDAY OF THE MONTH

7:30 - 9:00 PM SIA Office

113-8 Bay Ave.Patchogue

also via Zoom ID 9412170 5886 Passcode service

Suffolk General Service
THIRD FRIDAY OF THE MONTH
FRIDAY 6/16/23
Join via ZOOM
Mtg ID 932 6450 5176 Passcode 713704
Vist SGS Website for more information:

Special Events Committee FIRST TUESDAY OF THE MONTH 6/6/23 at 5:30 PM via zoom ID 9412170 5886 Passcode Service

https//aasufolk-ny.org

Corrections
FIRST TUESDAY OF THE MONTH
6/6/23 at 4:00PM at the SIA office
113-8 Bay Ave.Patchogue



Around the AA Campus

Group Updates

Many of the seasonal meetings are back open. Why not check one out?

First Things First of Southampton will no longer meet outside. That still leaves its inside meeting and online meeting. Both of which meet at 7:30 AM In-person meets at Veterans Memorial Hall 25 Pond Lane. Zoom Meeting ID: 631 283 1935 Passcode 1935

North Fork Promises has gone hybrid. Its open discussion meets Friday at 6:00 PM at North Fork Methodist Church 43960 Middle Road, Southold or on Zoom ID 818 475 941 Passcode 950327

The Sisters in Spirit women's meeting will be meeting outside until Halloween. They meet Wednesday at 5:45 PM and Saturday at noon. All this is happening at St. John Nepocumene, Parish Center 1150 Locust Avenue Bohemia

Point of Interest

Did you know the Grapevine publishes photos of meeting rooms every month? There is a section called If Walls Could Talk and these photos show the variety of places we AAs meet in around the world. Why not send one in of your group's

The Things We Cannot Change

Eddie S from the Bellport Group who volunteered at the Intergroup office in Patchogue passed away

Betty B from the Kings Park from Smithtown meetings also left us. Betty had 61 years sobriety.

Cory B from Nassau passed away Fri 5/12. He served at all levels of SENY, Suffolk General Service and Nassau Intergroup.

All will be missed tremendously



Your Public Information Committee at work at an event at SUNY Farmingdale

The Email Addresses of Intergroup Chairs

Chair - Lee B - chairperson@suffolkny-aa.org Alt Chair - Jim S - alt-chair@suffolkny - aa.org

Treasurer - David V - treasurer@suffolkny-aa.org

Corresponding Sec. - Debbie - corsec@suffolkny-aa.org

Recording Sec. - Joanne - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - Fran - bulletins@suffolkny-aa.org

Corrections - Keith - correct@suffolkny-aa.org

Grapevine - Kevin - grapevine@suffolkny-aa.org

Hot Line - Zoie - phones@suffolkny-aa.org

Institutions - Dawn - institutions@suffolkny-aa.org

Literature - Bobby - books@suffolkny-aa.org

Meeting List - Howard - meetings@suffolkny-aa.org

Public Info - Ed - pubinfo@suffolkny-aa.org

Office Manager - Kathie - siaoffice@suffolkny-aa.org

Schools - Jackie - schools@suffolkny-aa.org

Share-A-Thon - Tiffany - share@suffolkny-aa.org

Special Events - Jeffrey A - special events@suffolkny-aa.org

Third Legacy - Laurie - thirdleg@suffolkny-aa.org

Web Master - David P webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R. SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason AAliaison@al-anon-suffolk-ny.org

The Archives Committee meets the second
Tuesday of every month at 7:00 PM on Zoom
ID 996 096 9365, Password 799633



The Suffolk Intergroup

S.I.A--Suffolk Intergroup Association

<u>What is it?</u> It is a group of alcolholics who get together and join committees that get the message of recovery to the "still sick and suffering."

<u>How does it work?</u> By getting people to speak routinely at rehabs, detoxes, jails even schools and addiction events in Suffolk County. By putting together the meeting lists and mailing out the bulletins and selling the literature from the office.

Why attend Intergroup meetings? Because this is where we come together and share information about what is happening in A.A. This is where we share ideas and communicate with every other group in Suffolk County.

Who needs to go? Anyone can attend S.I.A rep meetings they just can't vote unless they are a groups representative. New rep orientation is the hour before the rep meeting.

<u>Where?</u> The meeting is held the last Tuesday of each month at 8pm at St Joseph the Worker church 510 Narragansett Ave East Patchogue or by **ZOOM #941 2170 5886 PWD Service**

If you have any questions about the committees you can email them, their addresses are on the Suffolk AA website or in the monthly bulletin.

From the Grapevine

I'm Kevin, your SIA Grapevine chairperson. Please help me stay sober by allowing me to attend your meetings to help pass along the greatest AA magazines and books ever written. I will come to your group and set up a display, which you and your group members can browse.

I can be reached through my email at

I can be reached through my email at Grapevine@suffolkny-aa.org Thank you for allowing me to serve.

From the SIA Web Committee

WEB SITE MENU - our web site Menu (blue bar at top) now includes a SERVICE/COMMITTEES section with links for each SIA Committee, and a NEWS/EVENTS section with links for upcoming events.

SIA EMAIL ACCOUNTS - SIA sends some news, reports and updates via the group email accounts only. Groups can also use their SIA email account to reach out to other groups. If your group isn't using your SIA email account, just email us and we will set you up.

DO YOU NEED HELP? We are always looking for ways to help groups & members, and would love to hear your ideas. You can email us at webmaster@suffolky-aa.org, or join us for the next SIA Web Committee meeting (every 2nd Thursday, ZOOM meeting ID 941 2170 5886, passcode service)

Thank you for allowing us to serve!



WAINSCOTT LINCOLN & LEE Wainscott Chapel 65 Wainscott Main St., Wainscott, NY 11975

In 2010, Russell M., a longtime East End AA member, shared his research on the original Monday 9:00 PM Lincoln and Lee meeting, which for the first ten years was the group's entire schedule. In researching the history of this meeting, Russell spoke with several early members of the group. He talked to David P., who started the meeting. At the time of their conversation David was 93 years old and could not remember the date of the group's beginning. Ann C., then living in Florida, was going to that meeting in 1971 or 1972 just after it had started. For the record, we will assume the meeting started some time in 1971.

Russ was told that David and some of his friends who had become sober were meeting on the beach in Wainscott and then decided to form a regular A.A. meeting. They rented the Wainscott Chapel for their meeting place. In this building there is a picture of Lincoln and Lee with the total abstinence pledge called the Lincoln - Lee Legion. They decided that should be the name of the meeting, Lincoln and Lee. Rita C. was going to this meeting in the 1970s. She reported that one night in 1974 a candle started the paper curtains on fire. Another night a bat got in and was flying around the meeting room. The building was heated with a coal furnace back in the 70s and water needed to be brought in for making coffee.

Bob K. was an early coffee maker in the 70s for about seven years.

Aline M., who celebrated her first anniversary there in 1975, said the group was very spirited and with many professional type people and artists. The sharing was deeply honest and very profound. Russ began going to this meeting in the early part of 1988. Attendance at that time, he says, was about 20 to 30 people.

The meeting began with the preamble and then Bud J. would get up and read the Lincoln and Lee legend from the wall. As I am told only one person, Jim D., said we could not do this because it was not conference-approved literature. No one listened to his complaint and they continued to have it read. In 1988 Bud J. had been making coffee for about five years. Rory became the next long time coffee maker. Russ spoke with a Matt L. who attended this meeting in 1998 and said it had gotten down to 2-4 people.

Apparently, attendance grew because the group is still meeting today.

There were numerous time changes during the years. Currently, according to the SIA website, the group meets on three days: a closed discussion on Monday at 1:00 PM, a Beginners meeting on Tuesday at 1:00 PM, and a Big Book meeting on Wednesday at 3:00 PM. All three meetings are both in-person and online.

SIA Archives Committee Russell M.





Diamond Pearl

A pearl in a shell, A diamond in the rough.

Needless to say, the road has been tough.

Then there was a shift, I was absolutely astonished.

I was convinced my soul and mind had been completely abolished.

Picked up and polished, Any confusion admonished.

In retrospect, I had some clarity even with blindfolds and afflictions.

I knew my life could end up with desired depictions.

There is a requisite to rid oneself from a life that was tarnished.

Live in truth, abandon the thought and the need to be varnished.

That is my story, I surpassed my own expectations.

A am that diamond, I am that pearl, I possess zero limitations.

Chrissy W.

Another Grateful Alcoholic

My name is Peter V. and I'm an alcoholic. I just wanted to take some time this to share my experience thus far with AA. January 24, 2023 is my sober date. I received my initial treatment at the Geisinger Marworth facility in Pennsylvania. It was a life-changing experience to say the least, and from what I'm being told one of the best AA participating facilities to attend. After leaving Marworth, I was nervous to leave the comforting secure surroundings of that place. I attended many AA meetings in my area. All of them were great and had several little differences, but after a while, I found my comfort in the Bridge To Sobriety group. It's an early morning group that meets at Christ Episcopal Church in Babylon. My favorite part of this group, besides the fellows, is that every Saturday morning it meets on the beach at Captree

State Park. I don't know what it is about being located on a beach during sunrise, but combined with the comforting words being spoken, it is a pleasant and more spiritual way to start my day having 108 days at the time that this is written. I've already seen positive changes in my life. I noticed I'm smiling more. I'm laughing more and finding interest in things that I've lost, such creating art. This Easter, as usual, I decorated eggs with my children and I

wanted to pay homage to the group that is saving my life. I wanted to share this with you and my fellow AAs in Suffolk County. Congratulations to the SIA on your 50th anniversary!

Patients, Love and Serenity always.

Peter V.





Patience and Tolerance

There will always be one tree in every forest that is different. And there will always be people that just don't seem to get it our "it". They have their own way of doing, and as long as they can thrive in sobriety, they are also successful AA'ers. Occasionally I pass a forest tree that may not be tall and straight like the others, might not even turn colors in Autumn, like "it is supposed to act". It had been exercising it's own freedom to follow the growth of it's own understanding.

There is a freedom of expression that some people choose to use, their own way of looking at life, the AA program, their own way to meditate, and their own concept of a Power that is greater than they are. There is a desire within the AA program for tolerance, so as to avoid cloning us into identical holes in a doughnut. Gender, race, political viewpoints, and the many styles of relating which we have when we come into AA, need to be respected once we are in AA. The change that is desired in AA is to be a spiritual transformation towards honesty, love, service, tolerance, and so many other attributes. This transformation is truly inner, is an awakening of a resource that had long been dormant and, in my life, was unsuspected. What it was not, was a cloning of viewpoints, nor a cloning in the expressing of those viewpoints. Acceptance of diversity is not a common experience outside our meeting rooms, and we are fortunate to have it available.

As a newcomer, it was the patience and tolerance of others, that allowed me to finally begin to enjoy a freedom that addiction could never give me. I believe it is important to maintain my own unique way of looking at all the facets of life, as they reveal themselves to me. How boring it would be for me, to listen to the many shares at a meeting, and realize that nothing new had been said, and that all the shared words were clones of what I already thought. I need diversity of viewpoints to reexamine my own. In so doing, I allow myself to change or, if not to change, at least to reexamine. There will always be enough times when I must accept the diversity of shares, while practicing the patience and tolerance of a good listener.

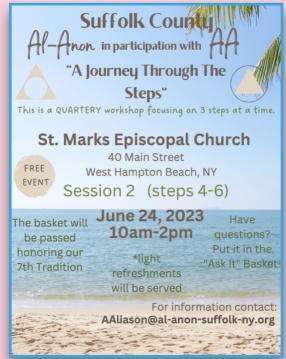
There will always be one tree in every forest that is very much different. But after the hike is over, this is the tree that I will reflect on the most.

How genuinely honest it was to itself, by following it's own unique growth.

Rick









The Bulletin is published monthly by the Suffolk Intergroup Association of Alcoholics Anonymous, PO Box 659 Patchogue, NY 11772. Alcoholics Anonymous and AA are registered trademarks of Alcoholics Anonymous World Services, Inc. Quotes from AAWS literature and AA Grapevine are used with permission .