



November, 2022

**Volume 5
Number 6**

**THE SUFFOLK INTERGROUP
BULLETIN**

**Visit our SIA Website at:
<https://www.suffolkny-aa.org>**

*"When I started counting my
blessings, my whole life turned
around."*

Willie Nelson

**Wishing You and Yours a
Very Happy Thanksgiving.
From your SIA Family**

November Business Meetings

The SIA Business Meeting has gone
HYBRID both in person and online
Our new location is St. Joseph the Worker
RC
Church 510 Narragansett Ave. East Patchogue,
NY
11772
Join via ZOOM
ID 9412170 5886 Passcode Service
LAST TUESDAY OF THE MONTH
Tues. 11/29/22 8:00 PM
SIA Business Meeting 8:00 PM
New Rep Orientation: 7:00 PM IN PERSON
ONLY

Schools and Public Information
EVERY THIRD TUESDAY OF THE MONTH
11/15/22 at 6:00 PM at the SIA office
113-8 Bay Ave. Patchogue

Treatment Facilities
TBD

Suffolk General Service
THIRD FRIDAY OF THE MONTH
Fri. 11/18/22 8:00 PM
Join via ZOOM
Mtg ID 932 6450 5176
Passcode 713704
Visit the SGS Website for more
information:
<https://aasuffolkgs-ny.org/>

From the Grapevine

I'm Kevin, your SIA Grapevine
chairperson. Please help me stay sober by
allowing me to attend your meetings to
help pass along the greatest AA
magazines and books ever written.
I will come to your group and set up a
display, which you and your group
members can browse.
I can be reached through my email at
Grapevine@suffolkny-aa.org
Thank you for allowing me to serve

From the Bulletin

The bulletin is hoping to get stories and
write ups about members experiences
with AA topics and how they apply them
in their lives.

The editor can assist participants in
writing their stories and, if preferred,
interview participants for a written
story.

By sharing your experiences you will be
reaching out to AAs throughout Suffolk
County and doing great service!
Thank you for allowing me to serve.
Send your stories to
bulletins@suffolkny-aa.org

The Suffolk Intergroup Bulletin

3

Around the AA Campus

New meeting

Safe Space 401 Main Street Islip Every Monday at
6:45 PM

Group Update

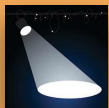
By the Book has moved. It will still meet at 7:00 PM
on Tuesday but now will do so at St. Joseph's
School 45 Church St. Ronkonkoma

Heard at a meeting

It's not service work unless it involves some kind
of inconvenience

One final thought

November has been traditionally been celebrated
as a month of thanksgiving. Try to give back
maybe just a little more than you usually do.
Throw a few extra bucks in the basket. Smile and
make someone's day. Put your gratitude in action.
You'll make somebody feel better...and you will
probably feel a lot better too.



Spotlight on the Meeting List Chair

Some of my responsibilities as Meeting List Chair
include:

Receiving and responding in a timely manner to any
meeting list update change requests from any group
listed on our website that may include changes in
both Online and live In-person meetings involving
modifying formats, times, live in-person physical
locations, or adding as well as removing groups from
our online meeting list

My primary purpose and responsibility when it
comes to what I am doing, is to ensure that all
meeting information that is listed on both our
website, and in the printed meeting list, remains as
up to date and accurate as possible, so as to enable
anyone searching or looking to get to a meeting, can
feel confident that the doors of AA will always
remain open, either virtually or physically, to those
looking for help, especially to the New Comer.

Howie L. Meeting List Chair
Thanks for letting me be of service.
meetings@suffolkny-aa.org

The Email Addresses of Intergroup Chairs

Chair - Lee B - chairperson@suffolkny-aa.org

Alt Chair - Jim S - alt-chair@suffolkny-aa.org

Treasurer - David V - treasurer@suffolkny-aa.org

Corresponding Sec. - Debbie -
corsec@suffolkny-aa.org

Recording Sec. - Joanne - recsec@suffolkny-aa.org

Archivist - Bob - archives@suffolkny-aa.org

Bulletin - Fran - bulletins@suffolkny-aa.org

Corrections - Keith - correct@suffolkny-aa.org

Grapevine - Kevin - grapevine@suffolkny-aa.org

Hot Line - Zoie - phones@suffolkny-aa.org

Institutions - Dawn -
institutions@suffolkny-aa.org

Literature - Bobby - books@suffolkny-aa.org

Meeting List - Howard -
meetings@suffolkny-aa.org

Public Info - Ed - pubinfo@suffolkny-aa.org

Office Manager - Kathie -
siaoffice@suffolkny-aa.org

Schools - Jackie - schools@suffolkny-aa.org

Share-A-Thon - Allison - share@suffolkny-aa.org

Special Events - Jeffrey A -
specialevents@suffolkny-aa.org

Third Legacy - Laurie - thirdleg@suffolkny-aa.org

Web Master - David P -
webmaster@suffolkny-aa.org

Spanish SIA Liason - Jose R.
SpanishRep@suffolkny-aa.org

Maureen P. Al-Anon Liason
AAliaison@al-anon-suffolk-ny.org

The Archives Committee meets the second
Tuesday of every month at 7:00 PM on
Zoom

ID 996 096 9365. Password 799633

The Suffolk Intergroup Bulletin

SUGGESTED TOPICS

From Page 2

Acceptance
 Attitude of Gratitude
 Belief in a High Power
 Complacency
 Fear
 Forgiveness
 Freedom through Sobriety
 Hope
 Humility
 Identification Inadequacy
 Inventory
 Letting go of Anger
 Living One Day at a Time
 Making Amends
 11th Step Meditation
 Patience and Tolerance
 Open-mindedness

Personal Spiritual Experience and
 Awakening
 Plan the Action - Not the Result
 Practice these Principles in all Our
 Affairs
 Projection - living in the Wreckage
 of the Future
 Rigorous Honest
 Serenity
 Service
 Surrender
 Three Legacies - Recovery, Unity and
 Service
 Ways of carrying the AA Message
 What is Sobriety
 Willingness
 Working with Others

A Message from the SIA Webmaster

SIA Web Site (<https://suffolkny-aa.org>) recent revisions:

[New To AA](#) - helpful tips for newcomers and beginners.

[Meetings](#) - our online Meeting Finder and links for groups needing to update their listings.

[Members](#) - links to SIA Announcements and Service opportunities.

[Events](#) - our Calendar of area & virtual events, and links to special SIA events.

[About Us](#) - information on our physical / virtual locations and 7th Tradition contributions.

SIA Announcements are now being sent via TEXT as well as email! Subscribe using the new Sign up form on our main page.

SIA Web Committee meets virtually every 2nd Thursday (ZOOM meeting ID [941 2170 5886](#), passcode [service](#)). Join us to share ideas or ask questions - 'tech' knowledge not necessary!

Contact me at webmaster@suffolky-aa.org... thank you for allowing me to serve!

The Suffolk Intergroup Bulletin

5

**Brookhaven Women's Group
St. James Episcopal Church
260 Beaver Dam Road
Brookhaven, NY 11719**

On October 7, 1987, the treasurer of the Women's Group wrote a letter to Alcoholic World Services. In this letter, she stated the group was new. (Note: it first appeared in the Suffolk County meeting list more than a year earlier in May 1986.) She also said the group was originally part of Brookhaven Happy Hour.

For the first two years, the schedule was a once a week closed discussion on Wednesday at 6:00 PM. Wednesday was dropped completely in 1988 and Tuesday and Thursday became the standard from there on. The hours were tweaked along the way moving up to 6:30 PM. When a second meeting was added on Tuesday it became 8:00 PM. The Old South Haven Presbyterian Church was its home for many years, as it was the home to all other AA meetings in Brookhaven.

In 2004, a major renovation project was begun at the church and meetings were shuffled to different rooms. The women opted to move to St. James Episcopal down the road. That remains its headquarters and meetings are currently Tuesday and Friday at 6:45 PM.

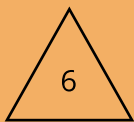
Many professionals belong to the group, helping to dispel stereotypical views of women and alcoholism, as well as providing positive role models for those ladies who are new to recovery. Every year, the group holds an anniversary party. One member of the Archives Committee remembers attending one and enjoying good food, good music, and good fellowship. That's the ticket for quality sobriety and women of Brookhaven have that down pat.

SIA Archives Committee

July 21, 2014

**The Archives Committee is
always looking for volunteers
to help save our history of
Alcoholics Anonymous.
Contact us at 654-1150.**





The Suffolk Intergroup Bulletin

"I need to find a meeting!"

In the spring of 2017 I moved to Suffolk after having spent two years in Ft Lauderdale, FL. Being only a couple of years sober, I understood very well that my sobriety depended on staying connected to AA and that meant finding a home group, a sponsor and continuing to work my program.

Where to begin? Find a meeting of course. But how do you find meetings when you are new to an area?

Once upon a time, a printed meeting list or a call to the hotline would be the only way to do this. Fortunately, by 2017, meeting lists were widely available online. Finding the online meeting list was one thing, using it was another.

For starters the Suffolk Intergroup website was not mobile friendly. On my smartphone I had to pinch and zoom and scroll and scroll to see much of anything. Secondly I couldn't easily find meetings near me. Being new to the area I didn't know which was closer, Centereach or Centerport. I had to pull out a separate map and figure out what towns were where to find meetings closest to me.

In time I did find meetings and found a group that felt like home. I found a sponsor who supported me in my step work and 'suggested' I start doing service - at the group and below the group level. That's when I first became my group's intergroup rep.

At the time I had no clue what an intergroup was, what it did or why it was needed. One of the first things I learned about the intergroup was that it was responsible for compiling, printing and making available the county's meeting list. I next learned that there are no meeting list fairies to do this work. Trusted servants at the intergroup had to do the tedious work of receiving, processing, confirming, updating, exporting and printing these meeting lists.

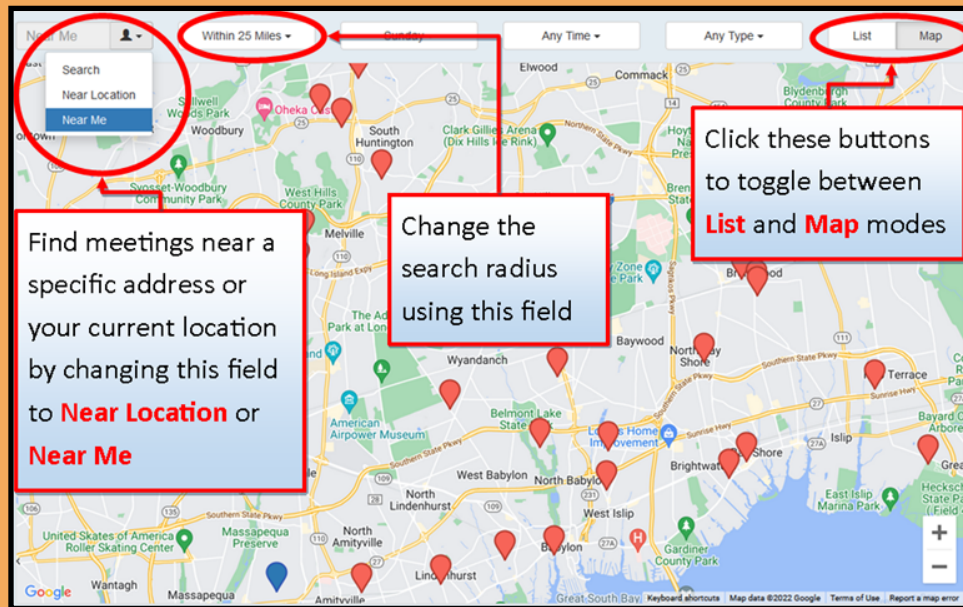
Heck, I understood well why that was so important! A few months later when the webmaster brought up the possibility of Suffolk sharing its information with the Meeting Guide App, a free mobile app newly acquired by AAWS, I jumped at the opportunity to help.

With some time and effort we were able to connect 'our' meeting list to the meeting guide app. Note that by now I did feel like I was part owner of the meeting list. One of the wonderful things about doing service is that you no longer feel like AA is run by 'others'. Instead you come to understand that AA, at every level, is run by 'us', the members of the fellowship.

Finally AAs in Suffolk could easily find meetings closest to them on their smartphones !

The Suffolk Intergroup Bulletin

7



Long gone are the days when we had to rely on a printed meeting list, that by its very nature was out of date almost as soon as it was printed. Today, like in the meeting guide app, the Meeting Finder on the SIA website allows visitors to sort through the meeting list by distance and even display all the meetings on one map!

This is due to the generosity of the many tech servants, fellow AAs, who volunteer their time and energy to build and maintain the meeting list and tools needed to display it.

But this is all for naught if the groups do not do their part. SIA asks that all groups update their meeting information, including a group contact on an annual basis. You can learn more on what you can do to keep your group's meeting listing up to date by visiting the Update section on the Meeting List page on the website - <https://suffolkny-aa.org/meeting-list/#update>

David V.



Suffolk Intergroup
NEW YEARS MARATHON



**TRUE NORTH
CHURCH**

31-01
DEC-JAN

**FELLOWSHIP FOOD COFFEE
MUSIC/DANCE**
5pm-1am

1101 Lakeland Ave Bohemia, NY 11716
Email Jeff A at specialevents@suffolkny-aa.org
www.suffolkny-aa.org