



December, 2018

THE SUFFOLK INTERGROUP

**Volume 45
Number 8**

Bulletin

**Visit your Suffolk County AA Website at:
<http://www.suffolkny-aa.org>**

**Have a Peaceful
and Joyous
Holiday Season**



The Suffolk Intergroup Bulletin

Notice

The Friendly Group in Amityville is
now located at the
Simpson United Methodist Church 30
Locust Avenue
Off Sunset Hwy. in Amityville.

Institutions Open Commitments

Mental Health Facility – Brentwood

4th Monday of the month @ 6:30 pm

3rd Thursday of the month @ 6 pm

Wednesdays @ 6:30 pm

CK Post Women's Meeting – Brentwood Bldg.
1

1st and 5th Monday of the month @ 7:30 pm

St. Charles New Detox - Not yet open

Sundays @ 1:30 pm

2nd, 4th, and 5th Wednesdays @ 1:30 pm

St. Charles - Always looking for speakers

Community Residence Program CK Post

Beginner Meetings @ 7:30 pm

Email : Institutions@suffolk-aa.org

This Bulletin needs your participation!
Please send in your articles, experiences,
announcements, comments, artwork,
photos etc. to

Fran at: bulletins@suffolkny-aa.org

The submission due date for the
January, 2019 issue is December 17st

Meetings

Chairperson Position is OPEN!
SIA needs a full-time Chairperson!

Meetings@suffolkny-aa.org

The meetings chair is one of the most vital
chair positions in all of SIA! This chairperson
is responsible for ensuring that every group,
meeting, time and location remain up to date
and accurate.

This position oversees the updates to the
database used for our website and our printed
meeting lists This chair position also handles
communication and delivery of updates to
our printed lists. Occasionally this position
will also field questions from the general
public who are looking for information
about meetings.

Please spread the word about this position
opening. I am hoping to be able to hand this
off to another member to manage in a
full-time capacity as soon as possible.

Steven - Acting Chairperson

Corrections Open Commitments

Looking for COMMITTED Chairpeople and
Speakers for the following:

YAPHANK Women's DWI

Mon, Tues, Wed 7pm Sunday 10am

YAPHANK Women's General (new)

Mon – Friday 6pm or 7pm

Sat or Sunday 10am

YAPHANK or RIVERHEAD Men's DWI &
General

Various dates/times available

PLEASE CONTACT Mary M. at:

Email: correct@suffolkny-aa.org

December Business Meetings IMPORTANT NOTICE

**Due to the New Year holiday the
January, 2019 business meetings
will NOT be held on the First
Tuesday of the month as usual.**

**They will be held on
Tuesday, January 8th, 2019
at the**

**True North Community Church
1101 Lakeland Ave. Bohemia**

**SIA Business Meeting: 8:00 PM
Archives Committee meeting: 7:00 PM
New Group Rep Orientation: 7:00 PM**

**Public Information Committee:
THIRD WEDNESDAY OF MONTH
Wed. 1/16/19 7:00 PM
SIA Office, 113-8 Bay Ave. Patchogue**

**SIA Officers & Chairs:
LAST TUESDAY OF MONTH
Tues. 1/29/19 7:00 PM
SIA Office, 113-8 Bay Ave. Patchogue**

**Treatment Facilities Committee:
THIRD TUESDAY OF MONTH
Tues. 1/22/19 7:00 PM SIA Office, 113-8 Bay
Ave. Patchogue**

**Suffolk General Service:
THIRD FRIDAY OF MONTH
Fri. 1/18/19 8:00 PM
New GSR Orientation: 7:00 PM
True North Community Church
1101 Lakeland Ave. Bohemia**

Contact your Intergroup Chairs!

Chair - Tomchairman@suffolkny-aa.org

Alt Chair - Jean Marie

alt-chair@suffolkny-aa.org

Treasurer - Lee....treasurer@suffolkny-aa.org

Corr. Sec. - Zoe corsec@suffolkny-aa.org

Recording Sec.

Christy....recsec@suffolkny-aa.org

Answering Service....phones@suffolkny-aa.org

Archives-Jack....archives@suffolkny-aa.org

Bulletin - Fran....bulletins@suffolkny-aa.org

Corrections - Mary....correct@suffolkny-aa.org

Grapevine-

Kevin....grapevine@suffolkny-aa.org

Hot Line VACANT.....phones@suffolkny-aa.org

Institutions -

Carolyn ...institutions@suffolkny-aa.org

Literature - Ed....books@suffolkny-aa.org

Meeting List -

VACANT....meetings@suffolkny-aa.org

Public Info - Christy ..

pubinfo@suffolkny-aa.org

Office Manager -

Michael....siaoffice@suffolkny-aa.org

Schools - Mike... schools@suffolkny-aa.org

Share A Thon Ronnie....

share@suffolkny-aa.org

Special Events - VACANT.....

specevent@suffolkny-aa.org

Third Legacy - Dawn....

thirdleg@suffolkny-aa.org

Webmaster - Steven websup@suffolkny-aa.org



Around the AA Campus

Sad to report that Selden's House of Gain no longer meets. The group did donate the last of its treasury to Suffolk Intergroup and made sure its signs found a home with the Archives Committee. They will be displayed at the Intergroup office. This way its memory will live on.

Archives Day was a huge success. Those attending heard more about the work of the Archives Committee and were able to see the various artifacts down at the Intergroup office.

Heard at a meeting: "When someone tells their story, the last five minutes is usually the best part."

Here's wishing everyone a sane, sober holiday season full of peace and love.

A Time For Reflection

The holidays are a time to celebrate with family and friends and to express love and gratitude. They are also a time to reflect on the passing year and to prepare ourselves for the coming new year.

Those of us in AA can look to the steps for guidance in this endeavor. We can take inventory of our transgressions throughout the past year and ask ourselves where and how we can make amends.

We can pray and meditate to improve our connection with our higher power, whatever that may be, and look for direction in maintaining our spiritual fitness throughout the coming year.

And we can make every effort to carry our message to other alcoholics and to practice our principles in the new year and beyond.

Have a wonderful holiday season and a New Year filled with sobriety, serenity and spirituality.

Fran H.





**Whalers Happy Hour
Christ Episcopal Church
5 Hampton St.
Sag Harbor, NY 11963**

Meetings are started for any number of reasons. In this case two AAs were helping out a friend who refused to go to evening meetings. Thus a 4:30 late afternoon meeting started on the East End. The two friends were Maggie L. and Tom L. and this meeting began in February 1973. The ironic thing is, despite the creation of a more convenient time slot, the accommodated AA never did obtain sobriety. But the two people who started it certainly did---as did others who attended the meeting---and that's how this program works. It is not necessarily for those who need it but for those who are willing to work it.

Back in 1973, a 4:30 P.M. meeting was considered a bit of an odd duck and many AA s thought it was a crazy time to have a meeting.

However, as the number of people

showing up grew and grew, they changed their tune and in some cases even started attending themselves.

In time, up to 60 people were coming every Saturday. The original meeting place was the Whalers Presbyterian Church and the group was known as Sag Harbor Whalers. Since day one this has been an open discussion and was 1 1/2 hours long. At break time, many would leave except the die-hards.

My personal experience has been that this is a very warm place to be. When I got there in 1987, the chairman asked me to speak and gave me several weeks advance notice. I was very nervous. It was only my second time speaking and the thought of speaking in front of a large crowd was intimidating. A woman named Candy gave me her phone number and asked me to call her to practice over the phone, so I wouldn't feel so nervous. I was too macho to call but I will never forget the loving feeling I got from her and from the meeting when I spoke there. Eighteen years later in 2005, I ran into her and both of us were still sober.

Attendance at meetings can be cyclical and no less so for this group. With the numbers and contributions down, Whalers tried passing the basket a second time. That didn't do the trick either, so more economical options were sought. In September 2018, they moved to another church: Christ Episcopal. With the move came a name change: Whalers Happy Hour. Whatever the name, this crowd has kept its doors open for 45 years and to think, it all began because one person didn't want to go to meetings at night. This has worked out nicely for all concerned.

Russell M. January 31, 2018

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history. Contact the SIA Office at 654-1150.



Home for the Holidays

Oh, there's no place like home for the holidays,

For no matter how far away you roam
When you long for the sunshine of a friendly
gaze,

For the holidays - you can't beat home, sweet
home

How old is that tune? I'm 87 and I recall
hearing it as a kid. Traditionally, at the
ancient winter solstice, humans forgave each
other and shared food with each other. For
that reason the early winter a season of love.
This year the winter solstice will be on Dec
21st.

Perhaps we in program are called upon to love
others, regardless of season. If we are to
practice love of neighbor, we may first want
to attempt to heal any relationships in our
own lives that may be damaged.

That's not the least bit easy. There was an
urging within me that prompted me to think,
"If I make the attempt to reconcile then I am
admitting the other person wins and I lose."

My sponsor suggested to me that if I could get
beyond that frame of mind and make the
attempt anyway, we might both win. I was
told that even if the other person rejected my
good will, I will have enriched my own life
simply by having made the attempt. I was also
told that if I was wise enough not to get angry
at their rejection of my offer of good will, I
would surely enjoy peace of mind. He was so
right and I'm very grateful for his advice.

Charles Dickens wrote about an unloving,
stingy old guy in his story A Christmas Carol.
The story is fiction, but within it is the very
clear message that anyone whose heart is
willing is capable of having a life changing
experience similar to Scrooge's.

There may be nothing like forgiveness to set
one's heart free. Maybe Scrooge simply

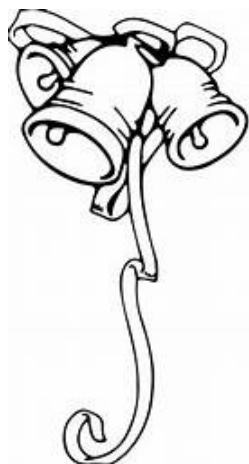
forgave himself and having done so he was
then free to forgive others. The Ghost of
Christmas Past haunts all of our lives; the
Spirit of Christmases to Come beckons us all
to make the choices that will enhance both
our own existence and the existence of
others. The power to do so resides within
the human heart itself.

We are fast approaching the Holiday Season.
In this season of love, may our hearts open
like winter roses.

Brothers and sisters in sobriety, no matter
where we may happen to be on this earth at
this time, may we all re-experience, if only
in our hearts, the spirit of "going home for
the holidays."

Ed H.





**The Long Island
Roundup
New Year's Eve Dinner
Dance**

**Monday December 31,
2018 7pm**

Church of St Jude

**3606 Lufberry Ave
Wantagh, NY 11793**

**AA and AlAnon
Speakers**

**For more information
contact:**

**The Long Island
Round Up**

**Suffolk County General Service
22nd Annual Unity Breakfast
"Always to be there"
Sunday March 3, 2019**

**East Wind Catering Hall
5720 Rte. 25
Wading River NY**

9:00 AM till 1:00 PM

"Full Buffet \$32.00"

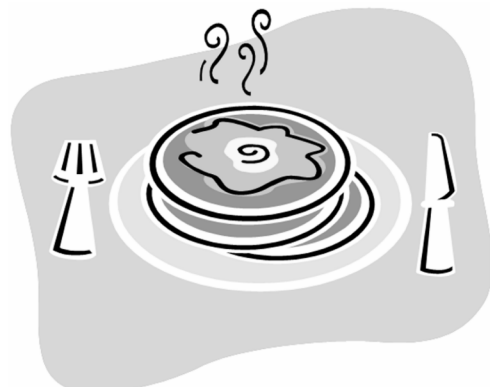
**Fellowship, Service Fair,
Sobriety Countdown, Keynote Speakers**

**Tickets will be available online:
<https://aasuffolkgs-ny.org> or from your GSR**

**Tickets go on sale November 16th, 2018 at
True North Church, Bohemia
Suffolk General Service Meeting**

Contact- unitybreakfast@aasuffolkgs-ny.org

THE LONG ISLAND ROUND UP PANCAKE BREAKFAST



Grab that ugly sweater, don your GAYEST of holiday apparel, and help us raise some money for the Long Island Round Up

**Saturday December 8, 2018
10am-1pm**

**Westbury Friends School
550 Post Ave
Westbury, NY 11590**

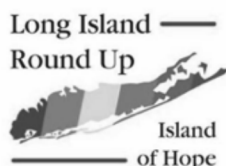
**Pancakes and "Fixin's Bar"
Hot Chocolate
AA and AlAnon Speakers**

Save the Date!

**Long Island Round Up
May 9th-12th
Cherry Grove
Fire Island, NY**

longislandroundup.org

**Tickets are \$10 and available at
LIRUPancakeBreakfast.eventbrite.com**



The Long Island Round Up is an AA conference with Al-Anon participation hosted by and for the LGBTQ+ community, but in accordance with the 3rd Tradition, all are welcome.



The Suffolk Intergroup Bulletin



OUR THIRD LEGACY: SERVICE

SPONSORED BY
SUFFOLK COUNTY GENERAL SERVICE

*The 12 concepts for world service will be
discussed at length by 2 past trustees of the
general service board*

**There will be question and answer sessions and an ask it basket **

DATE: SATURDAY DECEMBER 8TH

FROM: 10 AM-4PM

LOCATION: TRUE NORTH COMMUNITY CHURCH, 1101 LAKELAND AVE, BOHEMIA,
NY 11716

SPEAKERS: JOHN K PAST GENERAL SERVICE BOARD TRUSTEE
GEORGE D PAST GENERAL SERVICE BOARD TRUSTEE AND
GENERAL SERVICE OFFICE MEMBER

*Lunch will
be served*



*This is a
free event*

this event is the 3rd in our series of the three legacies

For further information or questions contact Jim s at alt-dcmc@aasuffolk-ny.org

* handicap accessible*

Save the date.

51st SENY
Convention
“Our Big Book
80 Years
71 Languages”



March 22-24, 2019

Westchester Marriott Hotel

670 White Plains Road, Tarrytown, NY 10591

Speaker Meetings • Workshops & Panels • Alkathon • Banquet • Archives
Literature & Service Tables • AA Videos • Spanish Translation
Entertainment • Al-Anon • Much More

Get involved. Upcoming Convention Planning Committee meetings are
October 28 & November 17, 2018, 12PM, Program Sub-Committee, 11AM.
(At NY Intergroup, 307 Seventh Avenue, Room 201, NYC 10001.) Submit
logo artwork for our theme.

convention@aasenry.org

