

# Bulletin

Visit your Suffolk County AA Website at: <http://www.suffolkny-aa.org> Volume 45

**Come  
and  
Help  
Carry  
the  
Message!**

## **Share-A-Thon 2018**

### **It's official!**

**This year's Share-A-Thon will be held on  
Sunday, October 14th at**

**St. Joseph's College in Patchogue, NY  
and we are looking forward to another  
annual event of**

**fellowship and information for all.**

**Volunteers are needed in all areas.**

**Workshops will be provided all day.**

**Doors will open at 8:30 for morning  
hospitality**

**of bagels, coffee and fellowship.**

**Lunch will also be served.**

**Workshops begin at 9 am and end at 3 pm.**

**The Closing Meeting and Spiritual Speakers  
will immediately**

**follow the last workshop.**

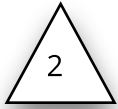
**The Battle of the Home Groups will happen  
again**

**this year after the closing Spiritual Speakers.**

**Please join us at our September 4th meeting  
at True North Church 1101 Lakeland Ave.  
Bohemia, NY**

**More information will be available as we  
approach October.**

**For questions or info please email  
[share@suffolkny-aa.org](mailto:share@suffolkny-aa.org)**



**"Because of our kinship in suffering, our channels of contact have always been charged with the language of the heart."**

**Bill W.**

### **Corrections Committee**

-Anyone who currently has a speaking commitment (chairs) at either the Riverhead or Yaphank Correctional facility for men or women, please note--

*There will be a Corrections Committee Meeting on Thursday, September 20, 2018 at the SIA office in Patchogue at 7:00pm.*

-If you cannot attend, please contact me. I need to compile a list of all speaking commitments to present to the Sheriff and his staff. Thank you for your service!!-

**correct@suffolk-aa.org**

### **Notes from our Web-Master**

#### **Did you know?**

Every A.A. group on Long Island has an email address assigned to them! These email addresses work as an easy way for all groups to more easily engage with both SIA and the greater A.A. community of Suffolk County.

The SIA committee chairs often send updates, bulletins, news, information about schools & treatment facilities and other events out via email to all of our Suffolk groups. These emails are a great way to stay updated with all the happenings related to A.A.

If your group hasn't already claimed yours, you can email [WebSup@suffolkny-aa.org](mailto:WebSup@suffolkny-aa.org) to get your group connected.

Steven

**"In the wake of my spiritual experience there came a vision of a society of alcoholics."**

**Bill W.**

**THIS BULLETIN NEEDS YOUR HELP! We need YOUR participation!**  
Please help and send in · your articles! · your experiences! · your announcements! · your comments! · your artwork, poems, photos, etc.! Send to Fran at: [bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org)  
Notice: SUBMISSION DUE DATE for October's Bulletin is September 20th!  
Send your submissions to Editor at: [bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org)

## September Business Meetings

1st TUESDAY OF THE MONTH

Tues. 9/4/18 8:00pm

True North Community Church

1101 Lakeland Ave. Bohemia

SIA Business Meeting: 8:00 PM

Archives Committee meeting: 7:00 PM

New Group Rep Orientation: 7:00 PM

Share-a-Thon: 7:00 PM

Public Information Committee: 3rd  
TUESDAY OF MONTH Tues. 9/17/18 7:00  
PM

SIA Office, 113-8 Bay Ave. Patchogue

SIA Officers & Chairs: LAST TUESDAY OF  
MONTH

Tues. 9/24/18 7:00 PM

SIA Office, 113-8 Bay Ave. Patchogue

Treatment Facilities Committee: 3rd

TUESDAY OF MONTH Tues. 8/21/18 7:00

PM SIA Office, 113-8 Bay Ave. Patchogue

Suffolk General Service: 3rd FRIDAY OF  
MONTH

Fri. 9/28/18 8:00 PM

New GSR Orientation: 7:00 PM

True North Community Church

1101 Lakeland Ave. Bohemia

## Contact your Intergroup Chairs!

Chair - Tom ....[chairman@suffolkny-aa.org](mailto:chairman@suffolkny-aa.org)

Alt Chair - Jean Marie ....

[alt-chair@suffolkny-aa.org](mailto:alt-chair@suffolkny-aa.org)

Treasurer - Lee....[treasurer@suffolkny-aa.org](mailto:treasurer@suffolkny-aa.org)

Corr. Sec. - Zoe corsec@[suffolkny-aa.org](mailto:suffolkny-aa.org)

Recording Sec.

Christy....[recsec@suffolkny-aa.org](mailto:recsec@suffolkny-aa.org)

Answering Service....[phones@suffolkny-aa.org](mailto:phones@suffolkny-aa.org)

Archives-Jack....[archives@suffolkny-aa.org](mailto:archives@suffolkny-aa.org)

Bulletin - Fran....[bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org)

Corrections - Mary....[correct@suffolkny-aa.org](mailto:correct@suffolkny-aa.org)

Grapevine- Kevin....[grapevine@suffolkny-aa.org](mailto:grapevine@suffolkny-aa.org)

Hot Line - Jimmy G.....[phones@suffolkny-aa.org](mailto:phones@suffolkny-aa.org)

Institutions -

Bridget ...[institutions@suffolkny-aa.org](mailto:institutions@suffolkny-aa.org)

Literature - Ed....[books@suffolkny-aa.org](mailto:books@suffolkny-aa.org)

Meeting List -

VACANT....[meetings@suffolkny-aa.org](mailto:meetings@suffolkny-aa.org)

Public Info - Christy ..

[pubinfo@suffolkny-aa.org](mailto:pubinfo@suffolkny-aa.org)

Office Manager -

VACANT....[siaoffice@suffolkny-aa.org](mailto:siaoffice@suffolkny-aa.org)

Schools - Mike... [schools@suffolkny-aa.org](mailto:schools@suffolkny-aa.org)

Share A Thon Ronnie.... [share@suffolkny-aa.org](mailto:share@suffolkny-aa.org)

Special Events - Irene L.....

[specevent@suffolkny-aa.org](mailto:specevent@suffolkny-aa.org)

Third Legacy - Dawn....

[thirdleg@suffolkny-aa.org](mailto:thirdleg@suffolkny-aa.org)

Webmaster - Steven [websup@suffolkny-aa.org](mailto:websup@suffolkny-aa.org)



## The Suffolk Intergroup Bulletin



Long Island Group

Long Island Alliance Church

377 Dix Hills Rd.

Dix Hills, NY 11746

The first new Dix Hills Group in over 20 years is cause for celebration. Ken W. , the co-founder of the longstanding 164 Group in East Northport, is behind this one too. All that previous experience paid off well. A great deal of hard work and preparation went into getting it going, and it shows. All the chairs were lined up nicely and color coordinated. 12 and 12 shades hung up for all to see. No guesswork at all where the meeting is located in the church. Laminated signs are on the front door as well as in the hall steering one and all downstairs. In fact all printed material is laminated. This group is designed to last a long time.

The format is brand new out here, based upon one found in California and New York City and is truly bucking a trend in Suffolk County. In the last 15 years, most open meetings have given way to open discussion meetings. Not here; there is no discussion, sharing or feedback. This Tuesday 7:30 p.m. meeting is designed for listening. Several people are picked to share their Alcoholics Anonymous message. One after another they stand in front of the room sharing. Unlike other timed meetings in the area, there are no buzzers or time clocks to remind errant speakers. The chairperson is the timekeeper. He holds up one sign giving a gentle one minute warning. The other sign says, "Thank you for sharing". That translates into "times up". Needless to say, both signs are laminated.

The first meeting was held on March 6, 2018 and a very impressive 21 people showed up. An adorable tyke named Holden and an extremely cooperative baby were also along for the special occasion. Add a delicious homemade cake and a wonderful main speaker, (Maddie from Centerport Unity) and here are all the makings of a great start for a group. Every month people will celebrate "birthdays", another difference from the usual term "anniversaries" Here's wishing many future sober birthdays to all. Welcome

"The Long Island Group" to Long Island.

S.I.A. Archives Committee

March 7, 2018

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history. Contact the SIA Office at 654-1150.

## Gratitude


What began as a list has blossomed to life,  
Where a goal once was, a daily hike.  
Where fear owned time, and our rights  
Lies the calm release of being all right.

The gifts arrive as I arise,  
Baby steps are far too fast.  
As a stillness became an awakening,  
Strangers became a room full of friends.

A thought detached from all I knew  
Came a spark and a flame and a fire grew.  
Lights the way for the willing few  
The secret hides in attitude

The difference of 'have to' and 'get to'  
The key to the lock of blessings and truth  
The gift that keeps giving is you.  
The simple the pure; the gratitude.

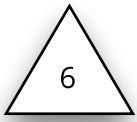
Matthew F.



So sometimes I guess we forget  
to believe in ourselves  
It is what we see in our eyes  
in the conviction of our being what the  
reality of our world that is before us.  
I can only guess it is that thought  
that we live just as we are.  
So with all that in mind what is the chance  
of change of miraculous change  
that through only hope is planted  
the seeds of change that transpires.  
It is here under the light of a new day  
that some how , some place ,some way  
that gift of light is seen in all that we are.  
It not only is just chance , but the power  
of self love that see's us through our  
uncertainties & travesties in life.  
May everyone be inspired by this.  
Hear these words I say unto you.  
Believe in miracles my friend .

Patrick O  
Deer Park Home for Dinner





## The Suffolk Intergroup Bulletin

### MOTIVE - DOES IT MATTER?

By Ed H.

**On action alone be thy interest; never on its fruits,  
Let not the fruits of action be thy motive...**

#### **Bhagavad Gita**

The ancient Hindu text Bhagavad Gita translates from Sanskrit as "Song of the Blessed One." It is being suggested in the quote above that it is best if we focus on doing what is right and that we not concern ourselves with the outcome of our action.

If the message is that we are to maintain a pure motive, that may not always be possible. I sometimes yield to the prompting of "What's in it for me?"

I'm thinking now of the movie Groundhog Day with Bill Murray. At the outset of the movie he had clearly demonstrated his selfish motives. What he wanted most was the sexual conquest of a female fellow worker. He seemed selfishly motivated in all his actions; even his piano playing was strictly for self-aggrandizement.

A phenomenon occurs in the movie that forces him to relive over and over again one particular day - Groundhog Day - repeatedly without letup. Each morning he awakens in the same place at the same time and it is always Groundhog Day.

With every reliving of the day, however, something spiritual is happening to him. Each new day he saves the same child from falling out of the same tree. Throughout the film he is continually becoming more and more centered on life and less and less centered on self.

He now finds that he is playing the piano for the listening pleasure of others rather than for his own importance. He seems to be unaware that he is freeing himself from the repeating patterns of his personality that he had always had prior to Groundhog Day.

It must have been a very wise person who suggested "Being human is difficult. Becoming human is a lifelong process. To be truly human is a gift."

"Principles before personalities" is something we often hear in program. It prompts me to check my motive before taking action.

Concern for self is a legitimate pursuit, however, provided it does not become selfishness. Constantly maintaining unselfish motives is not easy but it is well worth the effort.

### **Meditating on the Trees**

The trees don't worry

About the upcoming storm

About tomorrow

About yesterday

They do not dread nor fear

The cold winters to come

When their leaves will wither and fall

When their branches turn to ice

The trees don't fight

Against the harsh winds that blow

Rather, they bend and bow

Limbs that dance, as if to nature's melody

They sway with the flow, they trust

The trees always grow upwards

Towards the sky, reaching for the light

For the promise of a new day

For the ever-changing pattern of the clouds

The trees ALLOW each moment

The trees ACCEPT what is

The trees just BE

... Wish that were Me.

Joni F.

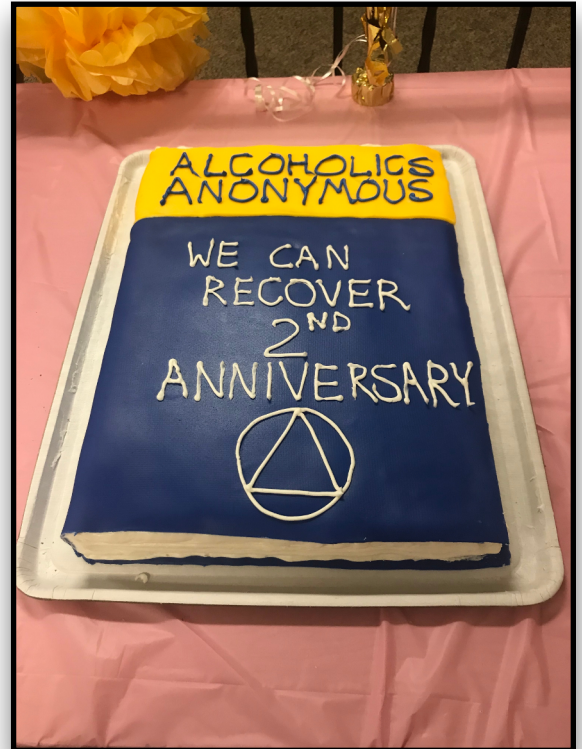


## Around the AA Campus

**Sober and Free in Lindenhurst no longer meets. Please! Please! Please! Report meetings that have shut down so they can be removed from the meeting list. It is very important to keep our information as accurate as possible**

**The We Can Recover Group of Huntington Station celebrated its second anniversary in grand style with good speakers and excellent food. One of the best anniversary cakes ever (see photo) made by group member Caroline.**

**For those interested in saving the history of Alcoholics Anonymous: the Archives Committee is looking for Suffolk AAs with 30 or more years of sobriety to be interviewed as well as people to help them do it. Check out SuffolkAAArchives.Com to listen to some of the 140 or so done so far. Recently added a batch of new ones including three with members who have over 50 years.**



## LONG ISLAND SPIRITUALITY THROUGH SERVICE 2018

The Long Island Spirituality Through Service ("L.I.S.T.S.") Workshop aspires to reaffirm the strong spiritual benefits of service to recovering alcoholics.

**SATURDAY, SEPTEMBER 22, 2018  
9:30 AM - 3:30 PM (DOORS OPEN AT 8:30 AM)**

**ST FRANCIS DE SALES SCHOOL FOR THE DEAF  
260 EASTERN PARKWAY, BROOKLYN 11225**

Sponsored by the General Services of Brooklyn, Queens, Nassau and Suffolk Counties and the Hispanic Districts. Hosted by Brooklyn County.



OUR SECOND LEGACY: **unity**  
SPONSORED BY  
SUFFOLK COUNTY GENERAL SERVICE



THE 12 TRADITIONS OF ALCOHOLICS ANONYMOUS WILL BE PRESENTED BY FOUR PAST DELEGATES IN 4 SESSIONS. WITH TIME FOR QUESTIONS AND ANSWERS DURING EACH SESSION. LATE LUNCH WILL BE SERVED BETWEEN THE SECOND AND THIRD SESSION.



DATE: SUNDAY SEPT., 16TH  
FROM: 12-6PM

LOCATION: VAIL-LEAVITT MUSIC HALL  
18 PECONIC AVE, RIVERHEAD, NY 11901

No charge for  
food or  
admission  
"free"



This is an  
"open  
meeting" of  
alcoholics  
anonymous

this event is the 2nd in our series of the three legacies

For further information or questions contact Jim s at alt-dcmc@aasuffolk.ny.org

\*Handicap accessible \*



**Suffolk County Intergroup of Alcoholics Anonymous Presents:**

## ***Alcoholics take over***

**Join us for an evening of  
fun and fellowship as SIA  
Hosts a Night at  
Adventureland Amusement  
Park**

# **Adventureland**

**September 15<sup>th</sup>. 6:30 pm to 9:30 pm  
2245 Broadhollow Rd.  
Farmingdale, NY 11735**

**Tickets : \$22.00 (Same Price Adults  
& Children)**

**Tickets include park entry, all rides  
and attractions as well as parking.**

