



# BULLETIN

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AUGUST 2015



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Is There a Word Meaning "Conducive to Serenity"? If there isn't, there should be. In this month's color issue, Bulletin Staff and readers share pictures of some of the things that they find conducive to serenity. On this page, Mary K. shares a picture of what looks to the editor to be the view east from Stony Brook Village; Russ M. shares "Old Man and Injured Bird", reflecting the peace that comes from helping all living things; and Dolores K. shares



### Happy, Joyous and Free 80 Years

Atlanta Ga; July 2015 the International Convention of Alcoholics Anonymous.

It was yet another fabulous job done by the Convention Committee, setting up the event and scheduling all the activities that were available to us. Anyone could participate as much as they chose to by being a panel leader, speaker or volunteering to help attendees find our way through the maze of the Convention Center. The attendance of registered members was over 60,000 and you knew it as you strolled around the many venues in a sea of humanity. The gigantic size of the Georgia Congress Convention Center is hard to imagine, it just kept going on and on. It was great to meeting some folks that I have not seen in many years that had moved away from LI. This has happened to me at every Convention that I have gone to. (This was my fourth; I started in Minneapolis, MN.).

My journey was made special in May when I was informed that I would be speaking with a panel on one of the topics. My topic was "The Agnostics". It is one I feel well qualified to speak on because of my 30+ years of AA participation without a belief in god. I had the opportunity to relay my experience in AA and in doing the Steps without a belief in a supreme deity. I got to say how many times I got the finger, you know the one, the pointer being shaken while I was being told that I would get drunk without a belief in god. I have done exceeding well in the Fellowship (Not one drink since my first meeting.) finding my way through the steps without a belief in god. I did find a true belief in AA, it is a power greater then me. I quit drinking hundreds of times, but never had a problem justifying why I can change my mind and have one or two. Since I stumbled into my first meeting, I have not had a drink, making it easy for me to understand that AA is a power greater then me and could do for me what I couldn't do for myself.

The workshop I spoke at was in room B 405-407 I was quite surprised when I when to check it out the day before my time. There was seating for almost 2,000. My first thought was, "Well this room is way too big for the Agnostic meeting.", but I was curious to see how many would attend. Next day, I awoke and got properly dressed to address a large group at the special function and went to see who would show up. Ten minutes before we began about 75% of the seats were taken (GULP) at our assigned time the seats were full with people finding standing room. I was second to speak and did my very best to convey my journey in the Fellowship without a god. After the final speaker we were all greeted with such a positive note and true thank you's from so many folks who got something out of what was said. It gave me a very special, warm glow to know that I was able to contribute in a small way as a part of this International Convention.

We agnostics in the fellowship of AA are not alone.... Bike Mike



# B405-407

#### Friday, July 3, 2015 9:30 AM - 11:00 AM A.A. and Correctional Facilities 11:30 AM - 1:00 PM Start by Forgiving 1:30 PM - 3:00 PM Una nueva libertad; una nueva felicidad 3:30 PM - 5:00 PM A.A. and Court Programs

#### Saturday, July 4, 2015

9:30 AM - 11:00 AM	Sober and Older
11:30 AM - 1:00 PM	We Agnostics
1:30 PM - 3:00 PM	Twelve Traditions: Twelve Points to Assure Our Future
3:30 PM - 5:00 PM	Growth Through the Tenth Step

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# Group History of the Month

# Shelter Island Group

St. Mary's Episcopal Church 26 St. Mary's Rd., Shelter Island

Founders John and Bill started this meeting in July, 1974 due to an issue that arose when they went to a meeting off the island. It was a very crowded meeting and the speaker just kept on talking and talking. They then took a 5 minute break which lasted almost 15 minutes. They stayed and the speaker started picking people but would then cross talk to each one of them after they shared. When it got around to Bill, John, and Ann, all three just passed. The meeting was running over, but they stayed until the end. Then they had to rush to get to the Shelter Island Ferry because the last ferry to the island was at 11:30 PM. If they missed the ferry, they would have to wait until the following morning at 6 AM just to get home!

The following Saturday, they went to Reverend Hugeman at St Mary's Church to start a meeting. The Rev asked them 'how long are you sober'? John, at the time, was sober 8 years and Bill had 20 years. The Rev said ok and

asked what night they would like to start. They said Saturday night. The Rev looked in his book and said that would be ok. Saturday night is open for the church hall. The first meeting that night, John and Bill called everyone they knew and the first meeting had 23 people! The first speaker was Larry from the Washington Heights Group in upper Manhattan where John got sober. We are not sure of the name of the first chairman, but John was coffee maker the first year with his wife helping him.

One night, in the first year, they had 100 people. John said that, in the 1960's and early 1970's, many AA meetings were started as open meetings to attract more people to them. This way, families could come with the attending alcoholics. Once in a while, the church would need the upper hall so the meeting was moved into the church basement. All of the above history was given to me by John. The meeting is now attended by 12 to 25 people in the winter and roughly 20-30 in the summer.

(The current meeting list shows the group now meeting three times a week – a Topic Meeting on Tuesday, Step on Wednesday, and OD on Saturday – all at 7:30 PM)

Russ M. , Archives Committee

The Archives Committee is always looking for volunteers to help save our Alcoholics Anonymous history.

Contact the SIA Office at 654-1150.





# **SEASONS GREETINGS!**

(Group Update Season that is)

The accuracy of the Suffolk Intergroup Meeting List and Group Contact database depend upon each group submitting a Group Update Form once annually prior to October 1. To determine if your group needs to submit a form, please find your group in the online Meeting Directory located at www.suffolknyaa.org. In the "Group and Location" column you will see one of the following messages for your group, either: "Updated: 2015" or "Not Updated". If the message is "Not Updated" click on the hyperlink to be redirected to an instruction page for submitting a Group Update Form.

This is a great opportunity to do service and spread the word to groups that have not updated yet. Thank you for your help and cooperation.

George D. - Meeting List Chair



# FREE OFFER!

We would like to email you your own copy of the Bulletin! Please send your email address to bulletins@suffolkny-aa.org and include "Send me my copy" in the body of the message.

# <u>SIA By-Laws</u> <u>Committee</u> <u>Meetings:</u>

Intergroup will be convening the By-Laws Committee for the purpose of the biennial review of the By-Laws. Group representation is needed. This is your group's chance to influence the direction of Intergroup. Meetings will be held on Wednesday, August 5, August 12, August 26, September 2 and September 9. All meetings 7 pm at the SIA office.

Vikki B., By-Laws Committee Chair

## TO THE LEFT

Pictures from the convention. The entrance with theme sign (top); outside the convention center (bottom)



#### 113-8 Bay Ave. / P.O. Box 659, Patchogue, NY 11772 (631) 654-1150

#### **The Bulletin**

Is published monthly by the Suffolk Intergroup Association of Alcoholics Anonymous, PO Box 659 Patchogue, NY 11772. "Alcoholics Anonymous" and "AA" are registered trademarks of Alcoholics Anonymous World Services, Inc. Quotes from AAWS literature and AA Grapevine are used with permission.

### Please note:

Inclusion of articles and announcements in The Bulletin does not constitute endorsement by Alcoholics Anonymous or Suffolk Intergroup Association. Rather, members of Alcoholics Anonymous have been encouraged to share their experience, strength and hope through this publication. Opinions expressed are those of the writer unless otherwise noted. Suffolk Intergroup makes these articles and announcements available solely as a service to the reader.

Brian C., Editor

#### HotLine August Commitments

Aug 2-15 Area 30 John- East Northport Serenity Aug 9-15 Area 40 Bob L- Bethany; Centerport Aug 16-22 Area 110 Paul- Ronkonkoma New Beginnings Aug 23-29 Area 240 Dave S- Brookhaven Happy Hour Aug 30 Area 210 Willie- various groups

#### Thanks to July's Volunteers

July 5-11 Area 270 Pat McK Amagansett AM July 12- 18 Area 40 Bob L and Marion I Melville High Noon July 19-25 Area 220 Bob P Mt. Sinai Sober Start Between the Lakes July 26- Aug 1 Area 230 Jon G

#### **Intergroup Officers**

Chairperson Fred H. Chairman@suffolkny-aa.org Alt Chair Vikki B.Alt-chair@suffolkny-aa.org Treasurer Linda C. Treasurer@suffolkny-aa.org Corr. Sec Marie V. Corsec@suffolkny-aa.org Recording Sec Daniel W. Recsec@suffolkny-aa.org

#### **Committee Chairs**

Answering Service Dolores Phones@suffolkny-aa.org	
Archives (open) Archives@suffolkny-aa.org	
Bulletin Brian C Bulletins@suffolkny-aa.org	
Corrections Kevin Correct@suffolkny-aa.org	
Grapevine Lee Grapevine@suffolkny-aa.org	
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Meeting List George DMeetings@suffolkny-aa.org	
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Special Events Dawn CSpecEvent@suffolkny-aa.org	
Third Legacy Kevin C Thirdleg@suffolkny-aa.org	
Treatment Facilities Tom M. Treatment@suffolkny-aa.org	
Webmaster TroyWebsup@suffolkny-aa.org	

#### September Meetings

Archives Committee:Check with SIA OfficeInstitutions Committee:9/16/2015 7:00 PM SIA OfficePublic Information Committee:9/15/2015 7:00 PM SIA OfficeSIA Monthly Business Meeting:9/1/2015

7:00 PM 7:00 PM 8:00 PM SIA Officers & Chairs: Suffolk General Service:

**Special Events:** 

Third Legacy Committee:

Check with SIA Office 9/16/2015 7:00 PM SIA Office 9/15/2015 7:00 PM SIA Office 9/1/2015 True North Community Church Lakeland Ave., Bohemia New Group Rep Orientation Share-a-Thon Intergroup Meeting 9/29/2015 7:00 PM SIA Office 9/18/2015 8:00 PM True North Community Church, Lakeland Ave., Bohemia 9/1/2015 7:00 PM True North Community Church Lakeland Ave., Bohemia

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# ANNOUNCEMENTS

# ARCHIVES CHAIR NEEDED

#### Standard Job Description:

An **archivist** (*AR-kiv-ist*) is an information professional who assesses, collects, organizes, preserves, maintains control over, and provides access to <u>records</u> and <u>archives</u> determined to have long-term value. The records maintained by an archivist can be any form of <u>media</u> (photographs, video or <u>sound recordings</u>, letters, documents, electronic records, etc.).

#### Intergroup Job Description:

A person of saintly demeanor, unearthly sanguinity and OCD issues who enjoys doing the above described job in the company of the history obsessed

#### Please apply to Intergroup Chair

### THE REMSENBERG BASIC SOBRIETY

#### <u>GROUP</u>

Meeting at the Remsenburg Community Church on S Country Road and Basket Neck Lane wishes to announce that the August 7th Beginner's Meeting will be cancelled due to church activities. The meeting will resume it's normal schedule the following week.



The Bulletin staff would like to know what you think of, well, pretty much anything A.A. related. We'd like to make the Bulletin the voice of the members of A.A. in Suffolk County. This means YOU! Tell us what we're doing right. Tell us what we're doing wrong. Share your experience with others.

You can contact the Bulletin via mail sent to the SIA office or by email sent to bulletins@suffolkny-aa.org

All submissions, written or artwork, are gratefully accepted. - the Editor

# Holbrook Love & Share Meeting

All August meetings will be held at:

St. John's Evangelical Lutheran Church

1675 Coates Lane

Holbrook, NY 11741

Wednesday 8:00 PM- 9:30 PM

Friday 7:30 PM to 9:45 PM

## IT'S TIME TO CONFIRM YOUR GROUP'S MEETING SCHEDULE WITH THE

INTERGROUP OFFICE. DON'T GET DROPPED FROM THE MEETING LIST.

CONFIRM NOW!

EBRAIN'S

# **Suffolk County Intergroup Association**

# Share-a-thon

Celebrating 80 Years of AA Sunday, October 11 2015 9am – 4pm St Joseph's College Patchogue NY



- Lunch available for purchase (less than \$10)
- No smoking will be strictly enforced at the request of the College
- Volunteers needed: Please call the SIA Office at 631-654-1150 and leave your name and contact information (phone, email) or email share@suffolkny-aa.org





another view of nature. Perhaps not surprisingly for people who live on an island, water seems to inspire serenity in many of us. On the back cover, we have "Reflections", by Mary K., "Sunset", by Dolores K., "Sunflower" by Russ M. and a puppy who seems strangely serene considering someone has put a tin can on his head (Dolores K.) These pictures and several others that cannot be printed for lack of space can be viewed on the SIA website on the "Bulletin" page, or you can sign up to receive the electronic edition of the Bulletin each month in your email. (See "A Free Offer" elsewhere in this issue.)



