



Suffolk Intergroup Association

Bulletin

August 2012

Volume 39 Number 4

September Meetings & Events

September 4th SIA Office
7:30 PM SIA Officers' & Chairpersons' Meeting

September 10th
400 Sunrise Hwy, Amityville
8:15 PM L.I.C.Y.P.A.A.

September 11th Cleary School for the Deaf,
Ronkonkoma
6:30 PM SIA Orientation
6:30 PM Share-a-Thon
7:30 PM SIA Meeting

September 18th SIA Office
7:00 PM Public Information
**Date has changed from 3rd Wed to 3rd Tues

September 21st Trinity Lutheran Church,
Rocky Point
8:00 PM SGS Meeting

September 26th SIA Office
8:00 PM Archives



"Catchy Quotes"

"Minds are like parachutes.
They only function when they are open."

"The reason I'm here is
because I'm not all there."

Please submit your "catchy quotes" to:
bulletins@suffolkny-aa.org

"The Bulletin"

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Special Events Presents:

A Trip To SAILOR'S HAVEN/SUNKEN FOREST Sunday, August 26th



Plan ahead for a fun filled day of fun in the sun
with a variety of things to do!

- ❖ Special Events committee to provide bottled water and charcoal!
- ❖ Go swimming in the surf (Lifeguards are on Duty!)
- ❖ Take a walk on the Beach or just relax in the sun or shade!
- ❖ Go on a Guided Hike through the Sunken Forest!
- ❖ There will be an Open Discussion Meeting at 1:00pm in the picnic area

please RSVP Paul H. at specivent@suffolkny-aa.org
or call the SIA office 631-654-1150

We will be departing Sayville Ferry Terminal on River Rd. at 9:15am
please be there a minimum of 30 minutes before
parking for the day is \$12.00

Or Carpooling (Shuttling) from the Sayville train Station (North Lot)

Carpooling will start at 8:00am

We will be returning on the 4:15pm Ferry

Hope to see you there!

Paul H - Special Events Chairperson

Step Eight – Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition Eight – Twelfth Step works should always be nonprofessional, but our service centers may employ special workers.

Concept VIII – The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

113-8 Bay Ave. / P.O. Box 659, Patchogue, NY 11772 (631) 654-1150

SIA Officers & Chair people 2012-2013
631-654-1150 www.suffolkny-aa.org

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<u>Office</u>	<u>Name</u>	<u>Official email address</u>
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Webmaster	Martin	webmaster@suffolkny-aa.org

The Sunrise Sobriety Group in Center Moriches AKA The Barn is having its Annual Bar-b-que Sunday, September 9th, 10AM to 6PM at Indian Island Park, Riverhead. Please join us for family, friends, good food and fellowship. Entrance is on RT. 105 with free parking. A great time is guaranteed. Don't forget your softball glove.



What was your favorite AA event you attended this summer? Please write to bulletins@suffolkny-aa.org with your exciting or inspiring summer stories! We'd love to read about them in next month's Bulletin!



FROM THE TREASURER

Thank you so much for your group contributions to Suffolk Intergroup Association. Your contributions help *Carry the Message* in so many ways!

Please include your group's name and town as it appears in the meeting list along with your group mailing address when submitting your contribution.

Vikki B., Treasurer

Are you interested in writing something for the Bulletin?

Do you wish to share your experience, strength, and hope with others?

Is your Home Group having an event you'd like announced?

If so, please email bulletins@suffolkny-aa.org

*Please note:
All submissions must be emailed by the 25th of the previous month.*



Unscramble the words..... if you can!

1. YAERRP _____
2. MGARPOR _____
3. NEIMETG _____
4. REOCWNEM _____
5. MDEITOLR _____
6. IONMTMMECT _____

See back page for answers.



From the Archives - This history and others like it can be viewed at www.suffolkaaarchives.com.

The Centereach Group

The Centereach group of A.A. was formed in 1964. At that time A.A. was expanding in Suffolk County and additional groups were needed. All new groups at that time were spin-offs from other large groups. Some of the meetings that the original members attended were Port Jefferson, Riverhead, Smithtown, and Patchogue. Centereach Group is the original name and when it began it had five members. Bill B. and Al S. were two of the first five. In the first two years the group moved a few times. In 1964 the group moved to where it still meets today at St. Cuthbert's in Selden. There is an open meeting on Sundays at 8:30 P.M. Wednesdays, a beginners at 7:00PM followed by a big book and step meeting at 8:30PM.

This is a copy of the original letter from the Centereach Group sent to Alcoholics Anonymous World Services. It was stamped at the office January 31, 1964

Another group is available to the Alcoholics Anonymous Program. This new group is known as the Centereach group. Our neighboring group to the north is Port Jefferson which meets on Mondays and Friday nights and to the south of us is the Ronkonkoma Group that holds its meetings on Tuesdays and Saturdays.

The Centereach Group will hold meetings on Wednesday and Sunday nights at 9:00 p.m. This Wednesday, February 5, will be the election of officers. The actual numbers of these officers will be forwarded to your office in order that this group become a member of the Alcoholics Anonymous family. Meanwhile we appreciate all guidance you can offer.

Thank you.

January 31, 1964

For years the Centereach Group has been involved in all aspects of A.A. Many of our members have chaired institution meetings. Millie B. was involved in Suffolk intergroup for many years. They also fill the (hotline) phones. It has been involved in 12 step work since its inception. Centereach is an enthusiastic crew. When a member speaks at an outgoing meeting 2 to 3 carloads of members follow for support. The steps are a core part of the group.

The Centereach Group originally met at Grace Presbyterian Church. When it registered in 1964 it claimed to have 9 members. They lost use of the first meeting place and have been meeting at St. Cuthbert's Episcopal in Selden for many years.

There have been a lot of special people pass through the Centereach Group all who died sober members of A.A.: Al S., Pat D., Terry McC., Kerry McG., Bob D., Vinny McP., Millie B., Kenny M. and Ed M. If there was one person who personifies the group it would be Jim O'M., otherwise known as Johnny. He was famous for his saying, "My shoes are nailed to the floor and I'm leaving with the fire department". Johnny had a heart attack and died at a meeting. Never has there been a person who has given more to his fellow alcoholic. His spirit is the thread that runs through the fabric of the Centereach Group.

Original members are all dead but their legacy lives on. It has a crosscut of people all ages from early 20s through late 60s. Sobriety starts with the newcomer to members with over 30 years. With the help of God the Centereach Group will live on for years to come and be ready to help anyone and everyone who passes through our doors.

Submitted by the Centereach Group 2007

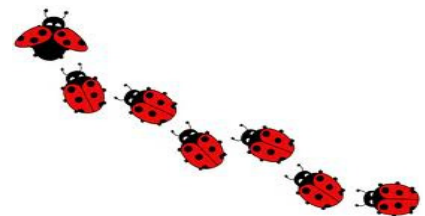


FROM THE LITERATURE CHAIR

Hi Family.

Thank you for your Great Response to my request about the catalogs. Please continue to take them. A lot comes in a CD Version now. So, if you have a busy schedule don't deprive yourself. You can listen to our Literature while commuting. It's been known to relieve stress. Please continue to call or E-Mail me with your orders in advance and please verify all orders. My contact info is on Page 2.

With Gratitude, Pete H.



Come support a new group!

"Our Journey"
VFW Post 8300
330 N. Dunton Avenue
East Patchogue

Mondays 7:00pm Big Book Meeting.
Tradition Meeting 1st Monday
of the month

Fridays 7:00pm Closed Discussion,
Open last Friday of the month
for anniversaries

Here are some ways you can GO GREEN and help the environment!

- ✚ **Turn the water off when you brush** - Your parents have said this before, now I say it. You will save 4 gallons of water doing this alone.
- ✚ **Turn off your lights** - An easy one. Turn off your lights when you are not using them. The benefits are obvious.
- ✚ **Recycle Glass** - If you do not recycle this, it will take a million years to decompose.
- ✚ **Give things away** - Take things that you are not going to wear or use and give it to a charity or someone who will use it.
- ✚ **Walk or Ride Your Bike When you can** - If you have to go somewhere close consider riding your bike or walking there instead of your car. It's better on the environment and healthier.
- ✚ **Use Matches instead of lighters** - Lighters are usually considered disposable so they will most likely end up in landfills. You can use the cardboard matches which are much more eco-friendly because they are made of recycled material.



FROM THE ARCHIVES CHAIR



Greetings!

I am thrilled to share with you the recent news release from the Library of Congress that our book, *Alcoholics Anonymous*, has been named on its list of 88 Books that *Shaped America* – books that have "influenced the nation...shaped Americans' view of their world and the world's views of America." The Big Book will be on display -- along with the remaining books on the list-- as part of a special exhibition in Washington, D.C., from June 25th through September 29th.

Phyllis H.
General Manager
General Service Office US/Canada

MEETING LIST CORRECTIONS:

The Westhampton Group was incorrectly listed in the new meeting list.
Please note the correct dates/times are as follows:
Wednesday 7:30pm (CD, B)
Sunday 8pm (CD, S & BB - on tape)

The Little Rascals group was incorrectly listed in the new meeting list.
Please note the correct dates/times are as follows:
Mondays & Fridays at 1:00pm
Middle Country Library (Downstairs)
101 Eastwood Blvd.
Centereach, NY 11720

The Quogue Mens Tell It Like It Is group was incorrectly listed in the new meeting list.
Please note the correct dates/times are as follows:
Wed: B-6pm & M-CD 7:30pm
Sat: M-Topic 7am & M-CD 9am



Please
remember, we
aim for *progress*
not *perfection*

I Am Responsible...
When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.
And for that: I am responsible.

