



## Suffolk Intergroup Association

# Bulletin

July 2012

Volume 39 Number 3

### August Meetings & Events

August 7<sup>th</sup> SIA Office  
7:30 PM SIA Officers' & Chairpersons' Meeting

August 13<sup>th</sup>  
400 Sunrise Hwy, Amityville  
8:15 PM L.I.C.Y.P.A.A.

August 14<sup>th</sup> Cleary School for the Deaf,  
Ronkonkoma  
6:30 PM SIA Orientation  
6:30 PM Share-a-Thon  
7:30 PM SIA Meeting

August 21<sup>st</sup> SIA Office  
7:00 PM Public Information  
\*\*Date has changed from 3<sup>rd</sup> Wed to 3<sup>rd</sup> Tues

August 17<sup>th</sup> Trinity Lutheran Church,  
Rocky Point  
8:00 PM SGS Meeting

August 22<sup>nd</sup> SIA Office  
8:00 PM Archives



### "Catchy Quotes"

"If you can't remember your last drink, then it probably wasn't."

Please submit your "catchy quotes" to:  
[bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org)

### "The Bulletin"

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## ATTENTION ALL A.A. MEMBERS:

### Special Events needs your help!!

We're in the process of planning an SIA Picnic for mid September!  
We need your help!

Please call me, Paul H. at 516-242-9803 or e-mail me at [specevent@suffolkny-aa.org](mailto:specevent@suffolkny-aa.org).  
We need some help to get this off the ground.

Our Committee Meeting is on the 3rd Thursday of the month at 7:00pm in the SIA office in Patchogue.  
The next meeting is July 19th at 7:00pm.

Hope to see you there!

Thanks,  
Paul H.  
Special Events Chairperson



**Step Seven** – Humbly asked God to remove our shortcomings.

**Tradition Seven** – Every A.A. group ought to be fully self-supporting, declining outside contributions.

**Concept VII** – The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

113-8 Bay Ave. / P.O. Box 659, Patchogue, NY 11772 (631) 654-1150

**SIA Officers & Chair people 2012-2013**  
**631-654-1150 [www.suffolkny-aa.org](http://www.suffolkny-aa.org)**



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**Did you know....**

- Dr. Bob's last words to Bill were "Remember, Bill, let's not louse this thing up, let's keep it simple."
- Bill's was a Stockbroker.
- Dr. Bob was a Proctologist/Surgeon.



**FROM THE TREASURER**

Thank you so much for your group contributions to Suffolk Intergroup Association. Your contributions help *Carry the Message* in so many ways!

Please include your group's name and town as it appears in the meeting list along with your group mailing address when submitting your contribution.

Vikki B., Treasurer

Are you interested in writing something for the Bulletin?

Do you wish to share your experience, strength, and hope with others?

Is your Home Group having an event you'd like announced?

If so, please email [bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org)

*Please note:*  
 All submissions must be emailed by the 25th of the previous month.

**FUN CORNER  
 AA WORD SEARCH**

T	I	S	B	Y	W	C	G	N	E
R	E	E	S	T	S	O	A	O	E
A	L	S	P	I	U	F	L	I	T
D	B	I	I	N	R	F	C	T	T
I	M	M	R	E	R	E	O	A	I
T	A	O	I	R	E	E	H	T	M
I	E	R	T	E	N	G	O	I	M
O	R	P	U	S	D	V	L	D	O
N	P	R	A	Q	E	C	I	E	C
S	E	M	L	E	R	X	C	M	E

ALCOHOLIC COFFEE COMMITTEE  
 DRBOB MEDITATION PREAMBLE  
 PROMISES SERENITY SPIRITUAL  
 SURRENDER TRADITIONS TRUDGE

**From the Archives** - This history and others like it can be viewed at [www.suffolkaaarchives.com](http://www.suffolkaaarchives.com).

The Mens Room  
St. Peter the Apostle RC Church  
298 Montauk Hwy.  
Amagansett, NY 11930

Ammagansett Mens Room was started by Bryant, Bill, Pope and Fred. Bryant spearheaded the idea. This meeting began in July of 1993 and in six months grew to 15 to 20 men and has now grown to 40 to 55 men. Bryant described Father Donald Dismount as a great friend of A.A. who gave them the space for free for two years until they could start to pay rent. He was inspired by women who started a meeting at the East Hampton Senior Citizen's Center and decided to start a men's meeting.

I was very fortunate and was asked to speak there in November 2006. There were probably 45 men there. The applause and cheering as the date counts were given and anniversary years were given was much more than I've seen or heard at any meeting. The speaker has 12 minutes to qualify. If he is not done in 12 minutes, the timer goes off and he is done. Then the topic is given and each person is timed; no more than 3 minutes.

The group has a sign up list for members and anyone who will go Tuesday night or Thursday night to the Greenport Hospital detox. They go two at a time and bring an A.A. meeting into the hospital's detox ward. They make an evening of it having dinner on the way - driving from Amagansett to Riverhead and out on the North Fork to Greenport is a good two-hour trip. This enthusiasm is what must have helped save many lives.

In the fall of 1995, the Mens Room expanded to twice weekly thanks to the efforts of Steve H., Bryant R., and Scott G. About 7 men came for the first year. From 1996 to now about 12 to 22 men show up for each meeting. Sixteen men were there on March 15, 2007 when I was given the history.

The chairman starts the reading and then it goes around the room. There is no speaker. When the reading is done the next person starts sharing on the Step and at 5:20 PM they go to a show of hands. No coffee is served.

They had tried to have the meeting start at 5:45 PM - the same as the other one - but the Church needed the building for its function at 7:00 PM and would only give them this space at 5:30 PM. They made it at 5:35 PM so the numbers would tie in with the other meeting that started at 5:45 PM. After a couple of years, the church did not need the space at 7:00 PM but they decided just to leave it at 5:35 PM and not change the start time.

The room where this meeting is held is in the same room as the large Amagansett A.M. Meeting. They use their chalkboard and write on it what step they'll be doing that night and also use their shades.

Russell M., February and March 2007



## **FROM THE LITERATURE CHAIR**

Hi Family,

Are you bringing our Catalogs back to our Groups? They're free, so take as many as you need. Spread them out on the tables before the Meeting starts, people will pick them up if its put in front of them instead of a single stack on the end of a table. Try doing this once a month or two. When asked for any AA related announcements, please encourage all to take one home and look at it and guarantee that they will be surprised at the manner and variety of material available to us. Also remind them to order through you not the catalog for expediency and avoiding shipping charges. Then you simply give me a call or e-mail. We can arrange a pickup at our office in Patchogue or at the next SIA Meeting. I may be able to meet you at a meeting some place halfway. I will also have a flyer at this meeting, and it's also an example of what we can get from the (free list of Service Material) that will also be on the table. Service material reflects AA Group Experience. My contact info is on Page 2.

With Gratitude,  
Pete H.

**Come support a new group!**

“Our Journey”  
VFW Post 8300  
330 N. Dunton Avenue  
East Patchogue

Mondays 7:00pm Big Book Meeting.  
Tradition Meeting 1<sup>st</sup> Monday of the month

Fridays 7:00pm Closed Discussion,  
Open last Friday of the month for anniversaries



**FROM THE AA HOTLINE**

We would like to thank all the groups who have responded to our request for new Group Signup Sheets. The new books will be available to the District Captains as quickly as possible. Again, our gratitude to all of you who have made yourselves available to the Hotline over the years.

The stories that we hear from "callers" are always rewarding and inspirational as we see how much the Suffolk Hotline does for the alcoholic seeking help in many different ways around the country. We have received calls from Florida to Canada and from Massachusetts to California as we are the only answering service that has people answering calls 24/7.

Hotline Instructional Seminars are suspended for the summer and will resume in September.

Enjoy your sober summer and thanks again for your continued service.

SIA Hotline chair

**Meeting list corrections:**

The Westhampton Group was incorrectly listed in the new meeting list.  
Please note the correct dates/times are as follows:  
Wednesday 7:30pm (CD, B)  
Sunday 8pm (CD, S & BB - on tape)

The Little Rascals group was incorrectly listed in the new meeting list.  
Please note the correct dates/times are as follows:  
Mondays & Fridays at 1:00pm  
Middle Country Library (Downstairs)  
101 Eastwood Blvd.  
Centereach, NY 11720

The Quogue Mens Tell It Like It Is group was incorrectly listed in the new meeting list.  
Please note the correct dates/times are as follows:  
Wed: B-6pm & M-CD 7:30pm  
Sat: M-Topic 7am & M-CD 9am



Please  
remember, we  
aim for *progress*  
*not perfection*

***I Am Responsible...***

***When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there.  
And for that: I am responsible.***

