



Suffolk Intergroup Association

Bulletin

January 2012

Volume 38 Number 9

February Meetings & Events

February 7th SIA Office
7:30 PM SIA Officers' & Chairpersons' Meeting

February 13th
400 Sunrise Hwy, Amityville
8:15 PM L.I.C.Y.P.A.A.

February 14th Cleary School for the Deaf,
Ronkonkoma
6:30 PM SIA Orientation
6:30 PM Share-a-thon
7:30 PM SIA Meeting

February 15th SIA Office
7:00 PM Public Information

February 17th Trinity Lutheran Church,
Rocky Point
8:00 PM SGS Meeting

February 22nd SIA Office
8:00 PM Archives



Something I heard at a meeting

If you have something that you've heard that you would like to share with Suffolk County, please feel free to submit it to the Bulletin Chair, Joanne Z.

The S.I.A. Officers that were voted in for 2012-13 are as follows:

Chair – Liz T.
Alt. Chair – Maria C.
Treasurer – Vicky B.
Corresponding Secretary – Ed L.
Recording Secretary – Debbie P.

Congratulations to those coming in and thank you to those leaving office.

Twelve Promises For Beginners

1. You will know your full name.
2. You will be able to shave yourself.
3. You will be able to dress and undress yourself
4. You will know the town, state, and country you live in.
5. You will be able to find socks that match.
6. You will be able to smoke without burning yourself, your clothes, or your furniture.
7. You will lose fear of food.
8. You will spend less time in the bathroom.
9. You will be able to walk a straight line and pass the breath test.
10. You will lose your fear of police cars.
11. You will be able to answer the door without looking through the little hole.
12. You will realize what a mess you have been and thank God for Alcoholics Anonymous.

(Unity Newsletter, Nov. 2011)

"The Bulletin"

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Step One – We admitted we were powerless over alcohol – that our lives had become unmanageable.

Tradition One – Our common welfare should come first; personal recovery depends upon A.A. unity.

Concept One – Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

113-8 Bay Ave. / P.O. Box 659, Patchogue, NY 11772 (631) 654-1150

SIA Officers & Chair people 2012-2013
631-654-1150 www.suffolkny-aa.org

Looking for something to do? Check out a new meeting (The Boho Group) starting on November 4 at the True North Community Church, 1101 Lakeland Avenue, Bohemia. Fridays – 7:00 p.m. is a Beginners Meeting; 8:15 p.m. is a Big Book Meeting; and Sunday is an Open Meeting at 3:00 p.m. We will meet in the cafe.

<u>Office</u>	<u>Name</u>	<u>Official email address</u>
Chairperson	Liz T.	Chairman@suffolkny-aa.org
Alt Chairperson	Maria C.	alt-chair@suffolkny-aa.org
Treasurer	Vikki B.	treasurer@suffolkny-aa.org
Corresponding Sec	Ed L.	corsec@suffolkny-aa.org
Recording Sec	Debbie P.	recsec@suffolkny-aa.org

Committee Chairs

<u>Office</u>	<u>Name</u>	<u>Official email address</u>
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Share-a-thon		share@suffolkny-aa.org
SIA Office Manager	Mike F.	siaoffice@suffolkny-aa.org
Special Events		specevent@suffolkny-aa.org
Third Legacy	LC	thirdleg@suffolkny-aa.org
Treatment Facilities	Chris W.	treatment@suffolkny-aa.org
Webmaster	Steve W.	webmaster@suffolkny-aa.org

2012 Unity Breakfast Tickets

The Next chance to purchase Unity Breakfast Tickets will be before and after the SIA Meeting January 10th in Riverhead. Tickets will be on sale from 6:30 until the start of the meeting and then continue after the meeting is completed. No tickets will be sold during the meeting.

Then the last chance to get tickets will be at the GSR meeting January 20th in Rocky Point. The same procedure will be followed. Ticket Price is \$22 and payment is expected at time of sale.

For more information contact
unitybreakfast@AASuffolkGS-NY.Org

Opportunities for some 12th step work:

I Am Responsible...

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

11th Step Prayer

Lord, make me an instrument of thy peace! That where there is hatred, I may bring love. That where there is wrong, I may bring the spirit of forgiveness. That where there is discord, I may bring harmony. That where there is error, I may bring truth. That where there is doubt, I may bring faith. That where there is despair, I may bring hope. That where there are shadows, I may bring light. That where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort, than to be comforted. To understand, than to be understood. To love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life.

From the Archives - This history and others like it can be viewed at www.suffolkaaarchives.com.

The Wilson Group, Mother Theresa Outreach Center, 55 S. Etna Avenue, Montauk

This meeting began in the late Spring of 1983 and was led by Adeline S. and Bill W. It was held in the basement of the Catholic Church now known as St. Therese of Lisieux but in 1983 it was called The Little Flower Church. This meeting started because there were some hardcore alcoholics in Montauk who were sobering up and needed a second meeting in their home town.

Adeline and some of her friends, prior to the onset of this new meeting, and even after it started, would drive people to Central Islip to the Detox Center. At first this afternoon meeting had approximately ten to twelve people in attendance. Adeline remained Chairman for many years although short timers and others would lead but always gave back the chairmanship to Adeline. I myself began going to this meeting occasionally in 1988 where I would meet from three to twelve members in the damp, wet basement. It wasn't until 1994 that Eugenia, one of Adeline's sponsees, took over as Chairman and remained in that capacity until 1997.

The church was condemned in 1995 and torn down with plans to rebuild in the future. We moved our meeting to the church school building across the road and held meetings there until March of 1996 after which we moved to the nearby building called the Mother Theresa Outreach Center of Montauk.

When Eugenia began her chairmanship she had a sponsee who became the coffee maker. A group of us would drive out to the Tuesday meeting, one of our favorite meetings, to find out how much sober time the coffee maker had! Some Tuesdays it was only a few days or a few hours but she was a special person for all of us and the meetings were attended by a very consistent group. Sometimes Margaret's daughters would bake cookies and cakes for our A.A .meetings in hopes that she would attend or they would have to push her out the door with the goodies so that she would just have to make coffee for us, and, they hoped, become sober. Yes, she finally did become sober and put about four years together until she picked up again and died sometime after that of alcohol complications.

I began attending this meeting on a regular basis from 1996 to 1997 with my dog, Nova. Eugenia and Margaret would always have a box of doggie biscuits for Nova which was placed out on a china plate for her. There was a joke going around among a few of us hoping that a newcomer would not by mistake, pick up a dog biscuit, bite into it and break a tooth! Luckily, this did not happen. During this time we had about ten people at our winter meetings and about twenty five during the summer.

Also, during Eugenia's Chairmanship, there was a woman who kept insisting that Eugenia should give up as Chairman since she had the position for too long. She did try many times to persuade one of us but was unable to find a replacement. It was a situation like Adeline had had for so many years. Finally, someone did become the new Chairman.



FROM THE ARCHIVES CHAIR

Long before the coming together of a group of alcoholics that today make up the Suffolk Intergroup Association Archives, Bill Wilson made this statement..... “Every one of the new and unexpected developments (in A.A.) has, lying just underneath, an enormous amount of dramatic incident and experience—stories galore.... It isn’t hard to prepare a fact sheet of what happened—that is, dates when people came in, groups started and so forth. The hard thing to lay hold of is the atmosphere of the whole proceedings and anecdotal material that will make the early experience alive.” Bill Wilson
Come join us as we follow and document our road to recovery by committing to the Archives in 2012

Meeting at: Suffolk Intergroup Office in Patchogue

When: Fourth Wednesday of each month

Time: 8:00 p.m.

Slogans, Quotes, and Things to Ponder!

“God handed me the menu. He didn’t tell me to choose the shit sandwich.”

Wisdom of the Rooms 1-2-12

“Expectations are just a resentment waiting to happen.”

*“Surrender.
The place that
those of us on a
spiritual path call
home.” Today’s Gift -
12/13/2011*

Keep your sobriety
first to make it last.

YET
You’re
Eligible
Too

Principles Before
Personalities.

Slogans are wisdom written in shorthand.

U.B. TICKET SALE LAST DAYS



*Only
Through
Unity*

TWO CHANCES LEFT

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Come Join Us for the 15th Annual Unity Breakfast of Suffolk County General Services to be held at:
East Wind Caterers 5720 Route 25A Wading River, N.Y. 11792-2033

On March 4th 2012 Breakfast will be served at 9:30 AM