



## Suffolk Intergroup Association

# Bulletin

May 2011

Volume 38 Number 1

### June Meetings & Events

- June 7<sup>th</sup> SIA Office**  
**7:30 PM** SIA Officers' & Chairpersons' Meeting
- June 11<sup>th</sup> SCC, Parking Lot #7**  
**8:00 AM** Speaker Exchange
- June 11<sup>th</sup> SIA Office**  
**9:00 AM** Treatment Facilities
- June 13<sup>th</sup>**  
**400 Sunrise Hwy, Amityville**  
**8:15 PM** L.I.C.Y.P.A.A.
- June 14<sup>th</sup> Cleary School in Ronkonkoma**  
**7:00 PM** SIA Orientation  
**7:00 PM** Share-a-thon  
**7:00 PM** Hotline Captains  
**8:00 PM** SIA Meeting
- June 15<sup>th</sup> SIA Office**  
**7:00 PM** Public Information
- June 17<sup>th</sup> Trinity Lutheran Church, Rocky Point**  
**8:00 PM** SGS Meeting
- June 22<sup>nd</sup> SIA Office**  
**8:00 PM** Archives \*New day and time



**Something I heard at a meeting** – “When I climbed those ‘Steps to the Attic’, I found shelter from the storm.”

#### “The Bulletin”

*Is published monthly by the Suffolk Intergroup Association of Alcoholics Anonymous, PO Box 659 Patchogue, NY 11772. “Alcoholics Anonymous” and “AA” are registered trademarks of Alcoholics Anonymous World Services, Inc. Quotes from AAWS literature and AA Grapevine are used with permission and gratitude.*

## Share-A-Thon wants you!



Suffolk County Intergroup is once again hosting the Share-A-Thon at St. Joseph College in Patchogue in October. It is a huge project and we need your help... Go back to your Home Group and select a Share-A-Thon Representative to have your group involved in this great event.

What does a Share-A-Thon Rep do???

- Attend a monthly meeting @ 7pm on the 2<sup>nd</sup> Tuesday
- Select and submit topics for meetings
- Help plan and create the 2011 Share-A-Thon

Call George C for info 516-343-0030  
 Or email: [share@suffolkny-aa.org](mailto:share@suffolkny-aa.org)

**Step Five** – Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

**Tradition Five** – Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

**Concept V** – Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

**113-8 Bay Ave. / P.O. Box 659, Patchogue, NY 11772 (631) 654-1150**

**SIA Officers & Chair people 2010-2012**  
**631-654-1150**     [www.suffolkny-aa.org](http://www.suffolkny-aa.org)

<u>Office</u>	<u>Name</u>	<u>Official email address</u>
Chairperson	Richie N.	Chairman@suffolkny-aa.org
Alt Chairperson	Liz T.	alt-chair@suffolkny-aa.org
Treasurer	Maria C.	treasurer@suffolkny-aa.org
Corresponding Sec	Ed L.	corsec@suffolkny-aa.org
Recording Sec	Vikki B.	recsec@suffolkny-aa.org

**Committee Chairs**

<u>Office</u>	<u>Name</u>	<u>Official email address</u>
Archives	John C.	archives@suffolkny-aa.org
Bulletin	Debbie P.	bulletins@suffolkny-aa.org
Corrections	Raymond	correct@suffolkny-aa.org
General Service	LC	sgso-liason@suffolkny-aa.org
Grapevine	Richard W.	grapevine@suffolkny-aa.org
Hotline/Answering Serv.	Janet O.	phones@suffolkny-aa.org
Literature	Rose	books@suffolkny-aa.org
Meeting List	Norbert M.	meetings@suffolkny-aa.org
Public Information	Bob W.	pubinfo@suffolkny-aa.org
Schools	Krista K.	schools@suffolkny-aa.org
Share-a-thon	George	share@suffolkny-aa.org
SIA Office Manager	Mike F.	siaoffice@suffolkny-aa.org
Special Events	Joanne Z.	specevent@suffolkny-aa.org
Third Legacy	Dean J.	thirdleg@suffolkny-aa.org
Treatment Facilities	Karen D.	treatment@suffolkny-aa.org
Webmaster	Steve W	webmaster@suffolkny-aa.org

If there is anything you want printed in the Bulletin, the deadline for submissions for the following month is the 25<sup>th</sup> of the previous month. (i.e., for June's Bulletin, you would have to get the information to me by May 25<sup>th</sup>). You can e-mail me at [bulletins@suffolkny-aa.org](mailto:bulletins@suffolkny-aa.org) or call the office and leave me a message. Thanks.

*Glad to be in/of service. - Debbie P.*

**Until further notice**, The One and Only Meeting will be held at the parish house of St. Thomas of Canterbury in Smithtown until the elevator is installed in the church. We meet every Saturday afternoon at 3:15. We are a small intimate meeting with gut level sharing and could use some support. Why not come join us?

I read the history of Steps to the Attic and it so piqued my interest that I had to attend that meeting! I want to thank the Archives Committee for providing this kind of information for the poor, wandering alcoholics. It is a great meeting and I think everyone should check it out. Anonymous in A.A.

**HELP WANTED - SIA LITERATURE COMMITTEE**

Be part of the solution! Learn more about A.A. books, pamphlets, AV and service material. Join the SIA Literature Committee! Our literature is focused on the three legacies assure that our primary purpose remains the focus for successful A.A. groups and members.

**“Recovery, Unity, Service-** these are the Three Legacies given to the whole membership of A.A. by its founders and their fellow old timers.” (A.A.’s Legacy of Service, Bill W., 1969)



The Suffolk County Intergroup of Alcoholics Anonymous cooperates with the General Service Office to offer groups AA literature at cost. Literature can be purchased at the Suffolk Intergroup office during normal business hours; 9-3 Mon – Fri and 9-1 Sat. Call **(631) 654-1150** or email [books@suffolkny-aa.org](mailto:books@suffolkny-aa.org) to place your order or check availability. We accept cash or checks. Most items can be purchased at each monthly SIA meeting on a first come- first served basis. **Advance notice on book orders is appreciated and usually accommodated!**

Suffolk County Intergroup stocks **Big Books, Step Books, Living Sober, Daily Reflections** and much more. Most books are available in large print, pocket sized and foreign languages. We have all pamphlets as well as signage, audio/visual materials, committee workbooks, regional directories, and other service resources.

The group’s literature representative makes certain that A.A. Conference-approved books and pamphlets are on hand for meetings and properly displayed. A group literature representative can obtain information on their responsibilities by writing to the literature coordinator at G.S.O. If you are the literature representative for your group, make sure you have a copy of the latest AA Conference approved literature catalog, which can be viewed at [http://www.aa.org/lang/en/en\\_pdfs/aacatalog.pdf](http://www.aa.org/lang/en/en_pdfs/aacatalog.pdf). If your group does not have a literature representative, consider volunteering! “Let literature carry the message, too!”

-Love & Service, Rose

**From the Archives** - This history and others like it can be viewed at [www.suffolkaaarchives.com](http://www.suffolkaaarchives.com).

### **Steps to the Attic, 109 Browns Road, Huntington**

The first meeting of the A.A. group, "Steps to the Attic", took place on July 29th 2007. This meeting resulted from the closing of Sundays Stepchildren meeting also held in Huntington.

With the help of a few members of the Stepchildren group, the meeting was moved to a church, overlooking Huntington Harbor on the top of Browns Rd. It was decided during the early meetings of this group that with the change of sites there would be change of name and that this new group would finally make the lists of Suffolk A.A. meetings as Steps to the Attic. The clever name was suggested by Steve, who took on the first six month commitment to chair the meeting and who, to this day, holds the responsibility of getting speakers and making sure the doors are open to those who are in need of a Sunday night meeting of A.A.

The meeting itself has a distinct feel about it. The chairs are comfortable and the sofas soft. The sharing is much like any other A.A. meeting but the room small and intimate. Unlike some of the larger meetings in Huntington, the newly formed group gathers around ten members in good standing with a mixture of age old sobriety and eager newcomers.

The members read along in their Big Books while a CD of the Big Book is heard from a small blue player. The voice, a monotone 1930 recitation, is chock full of mispronunciations and added words that were never found in the Big Book Manuscript. The message is clear. The words just add emphasis to the desire to remain sober and help other Alcoholics achieve sobriety. We all agree that is why we are here at Steps to the Attic.

There is this old olive green armchair that is in the center of two windows that face out over the grounds of Coindre Hall, an old brick mansion type building. I think the chair covering is made of vinyl. Steve likes to think of it as fine leather. It is his chair. He chairs the meeting. He can think anything he wants when he sits in that chair. Just like a bar stool without the gin and tonic. Not much different from Finnegan's Bar down the street.

It's been a long time since we were all capable of dreaming. I especially hold this near to my heart. That is why we get sober. To realize who we are and why we are. In that light we take on meaning. It's good to have a 'higher power' to help us understand just that. Most of us have a unique individual conception of God and spirituality. Just the way it was written years ago. The shelter from the storm is what we find, climbing the Steps to the Attic.

SIA Archives Committee 2008

#### **5 Daily Actions to Maintain Our Spiritual Condition**

***"What we really have is a reprieve contingent on the maintenance of our spiritual condition." (BB - P. 85)***

1. **Pray** - "We ask God to direct our thinking." (86) "Saying to ourselves many times, 'Thy will be done'."
2. **Morning meditation and daily quiet time** - "period of morning meditation" (p.87). "In meditation we ask God what to do about each specific matter." (69) "During the day we pause..."(Quiet time) ( 87)
3. **Help another alcoholic** - An alcoholic has to work and self-sacrifice for others, otherwise, he will drink again." (14) "Immunity from drinking, work with others." (89)
4. **Practice these principles in all our affairs** - "The spiritual life is not a theory. We have to live it." (83) "Love and tolerance of others is our code." (84)
5. **Continuous personal inventory & making amends promptly** - "The alcoholic has to continue to take inventory every day if he expects to get well and stay well." (294) "And make amends quickly if we have harmed anyone." (84)

**Opportunities for some 12th step work:**

**I Am Responsible...**

**When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.**

**Is the history of your group waiting to be told, and immortalized for the rest of the world to know?**

In an effort to complete our collection of Suffolk A.A. histories, members of the Suffolk County Archives Committee are reaching out for your support and contributions enabling us to preserve your groups' histories for present and future members of A.A. Each month we will publish a list of home groups, based on zones, whose history has yet to be recorded. (This means we have no history of those groups that are being printed.) We hope you will add to our collection by calling us at 631-654-1110 or emailing us at [histories@suffolkaaarchives.com](mailto:histories@suffolkaaarchives.com). After an initial contact from your home group, we will then make arrangements to collect your history and publish your information to our website located at [www.suffolkaaarchives.com](http://www.suffolkaaarchives.com). Thanks for your cooperation. - The Archives Committee

**ZONE 2: BELLPORT** – All Are Welcome, Outreach Project Womans: **BOHEMIA** - Came To Believe, Clean & Sober-Bohemia, Giving It Away, Way of Life: **BROOKHAVEN** - Beaver Dam, Hamlet, Sunday Group, Women's Meeting: **CENTEREACH** – Altered Attitudes, Centereach Unity, Gift of Sobriety, Selden Early Commuters, Sunday Afternoon: **CORAM** – Coram Serenity, Gordon Heights Group: **FARMINGVILLE** – Sobriety Unlimited, Women Helping Women: **HOLBROOK** – Ronkonkoma Men's Discussion: **LAKE GROVE** - Came To Believe, Lake Grove Group: **LAKE RONKONKOMA** - Lake Ronkonkoma Group: **MEDFORD** – Let's Identify: **MOUNT SINAI** – Came to Believe, God Calling: **PATCHOGUE** – Beginner's Meeting, Big Book Group on CD, Morning Group, 11<sup>th</sup> Step: **PORT JEFFERSON** – Altered Attitudes, Barnum Ave. Group, Living Sober, Port Jefferson Group, Solution, Serious About Sobriety: **ROCKY POINT** – Fellowship Of The Spirit, Rocky Point Unity, Tuesday Morning: **SALTAIRE** – Fair Harbor Serenity By The Sea: **SAYVILLE** – Keep It Green, Oldies But Goodies, Sayville Sunday Meeting: **SETAUKET** – Get Right To It, Setauket Group: **SMITHTOWN** – New Lease On Life-Smithtown: **STONY BROOK** – Experience Strength and Hope, Living Gay & Sober, Stony Brook Discussion, Stony Brook Lunch: **WEST SAYVILLE** – West Sayville Group: **YAPHANK** – Between The Lakes.

*There are times in every Alcoholics recovery, where an individual seeks shelter, refuge and understanding from a disease that threatens his/her humble existence, from a world which seems cold and distant, a universe lacking sensitivity and tolerance for his plight. Within the AA community, we commonly refer to these havens of sobriety as home-groups. Outlets and asylums where, for one hour, we seek and find answers and solutions to that which ails us. Located in churches and basements, coffee shops and bingo halls, we seek sanctuary, hoping to find a temporary reprieve from the blinding and destructive forces of Alcoholism, discovering in our quest, virtual harbors to soothe the raging seas of addiction.*

*Please help us document these moments by becoming a member to Suffolk County's Archives.*

*We meet on the fourth Wednesday of each month at the SIA Office at 8:00 p.m.*

*Will train, experience a plus. Experienced Photoshop and Illustrator users will be recommended for canonization in future versions of the Grapevine.*

"We owe it to future A.A.members...to maintain as complete a record of this society at all times, so its message, meaning, and contributions, not only to alcoholics but in other problem areas can be recalled and assessed for whatever future purpose, fully and accurately." (Nell Wing, GSO's first archivist)  
Submitted by Cyndy F., Suffolk General Service Archive Chair

**UPCOMING EVENTS**

6<sup>th</sup> Annual SIS International Conference 2011. Check SIA website for details.

EACYPAA Convention in Michigan. Check website for specific information. [www.eacypaa9.org](http://www.eacypaa9.org)

MYSCYPAA Golf Tournament in Massachusetts. Check website for specific information.