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Suffolk Intergroup Association

Bulletin

August, 2009

Volume 36 Number 4

September Meetings & Events

September 1st SIA office-7:30 PM*SIA Officers' & Chairpersons' Meeting

September 3rd SIA Office-7:00 PM Archives

September 14th South Oaks' Chapel (400 Sunrise Hwy, Amityville) 8:45PM LI Committee of Young People in AA

September 8th Cleary School, Ronkonkoma 7:00 PM SIA Orientation 7:00 PM Share-A-Thon Meeting 8:00 PM SIA Meeting

September 18th
Trinity Lutheran Church, Rocky
Point-8:00 PM GSO Meeting

September 16th SIA Office 7:00 PM Public Information Mtg.

September 23rd SIA Office 7:00 PM Treatment Facilities

"The Bulletin"

Is published monthly by the Suffolk Intergroup Association of Alcoholics Anonymous. PO Box 659 Patchogue, NY 11772. "Alcoholics Anonymous" and "AA" are registered trademarks of Alcoholics Anonymous World Services, Inc. Quotes from AAWS literature and AA Grapevine are used with permission and gratitude.

Say it right here in The Bulletin

Tell your story or a story about your Homegroup.

Make an Announcement or share your Anniversary Date.

Maybe just say: Thank You!!!

There's probably someone who needs to read what you have to write *Thanks, Chris*

Some thoughts

- 1. Life isn't fair, but it's still good.
- 2. When in doubt, just take the next small step.
- 3. Life is too short to waste time hating anyone...
- 4. Your job won't take care of you when you are sick. Your friends and parents will.
- 5. You don't have to win every argument. Agree to disagree.
- 6. It's OK to get angry with God. He can take it.
- 7. When it comes to chocolate, resistance is futile.
- 8. Make peace with your past so it won't screw up the present.
- 9. It's OK to let your children see you cry.
- 10. Don't compare your life to others. You have no idea what their journey is all about.
- 12. If a relationship has to be a secret, you shouldn't be in it.
- 13. Everything can change in the blink of an eye. But don't worry; God never blinks.
- 14. Take a deep breath. It calms the mind.
- 15. Get rid of anything that isn't useful, beautiful or joyful.
- 16. Whatever doesn't kill you really does make you stronger.
- 17.. It's never too late to have a happy childhood. The second one is up to you.
- 18. The most important sex organ is the brain.
- 19. No one is in charge of your happiness but you.
- 20. Forgive everyone everything.
- 21. What other people think of you is none of your business.
- 22. Time heals almost everything. Give time time.
- 23. However good or bad a situation is, it will change.
- 24. Don't take yourself so seriously. No one else does.
- 25. Believe in miracles.

Author: Anonymous

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Perhaps there's someone who needs to read what you have to write...

From the Archives

Official email address

Looking for some fun service work to do? Well the Archives Committee has some fun work that needs to be done. We are looking for photographers, typists, office help, interviewers, etc. Maybe you can think of something else that you can do we haven't thought of. With the new Archives website up and running, we need tons of help to keep this thing current. If you haven't checked it out as yet, here is the site www.suffolkaaarchives.com Send us your stories, photos and thoughts.

Anyone in your group have thirty years or more sobriety? Tell them we have a Big Book from 1951 that we would like them to sign for posterity. We are rapidly approaching 250 signatures and there are plenty more out there.

Sorry we ask only Suffolk AAs to sign.

Concept VIII

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

So what does this really mean? Our General Service Board is expected to skillfully plan, manage & execute exclusively in the larger and more serious matters of policy, finance, group relations, public relations and leadership that constantly confront it. We shouldn't expect them to be burdened with the details and endless questions that arise daily in the routine operations of A.A. World Services Inc. or the A.A. Grapevine Inc.. This concept is about delegation as our two separately incorporated entities have their own bylaws, their own working capital, their own executives, employees, offices and equipment. They are there to deal with the day to day operations and everything that comes with that, thereby leaving the Board to deal with all the larger matters.

The other side of this concept delegates this authority of day to day operations to our two entities so as not to have too much of a concentration of money and authority in one place.

This concept is a logical extension of the Third Concept ("Right of Decision"). In the business world, a corporation needs to have executives with authority to directly manage its affairs. Indeed our Class A (non alcoholic) Trustee Bernard Smith, recognized as the "architect of the General Service Conference, put the justification best & simplest with this quote from "Alcoholics Anonymous Comes of Age":

I frequently attempted to define the fellowship of A.A. with little success until one day while in England I listened to a broadcast delivered by Canon E.E. Raven, a noted British religious leader. In the course of this broadcast, Canon Raven set forth the conditions of a true fellowship in these words: 'Three conditions are necessary for true fellowship: The possession of a common ideal involving a complete release from selfishness and division. The discharge of a common task big enough to capture the imagination and give expression to loyalty. And the comradeship the "togetherness" thus involved as we find out the joy and power of belonging to an organic society and engaging in a whole time service. We can find it at its fullest extent where the ideal is highest and most exacting, where the task extends and integrates every one of our strengths and every element of our being, where comradeship is so solid and deep that we respond one to another without conscious effort, realize the unspoken need, and react to it spontaneously and as one.

Under such conditions, all vitality that we usually waste upon our jealousies and our vanities—upon keeping up appearances and putting other people in their proper place—becomes available for creative use.'

These words have meaning for A.A., I believe, not only as a definition of true fellowship and of our goals and attitudes but as reminders that A.A. is not a static, passive social organism but, in its largest sense, a dynamic, creative force that releases our latent power to live and act constructively.

In designing the Conference, our antecedents were careful to allow for a legal separation between the Conference and C orporate entities; not only to protect the fluidity and r esponsiveness of our services, but to protect the groups themselves from any possible legal or political fallout.

| Yours in | service, |
|----------|----------|
| Terry L | |

Opportunities for some 12th step work: I Am Responsible...

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Telephone Captain needed

for District 90: Bayport, Bluepoint, Bohemia, Oakdale, Patchogue, Sayville areas will be covered by this Capt. If interested please call Ted Phone Chair @ 631-654-1150 or email phones@suffolkny-aa.org

...... sometimes to fill in when the assigned group can't get enough people to fill their commitment, in which case you will have several days notice.

......sometimes we will need you to fill in for emergencies or last minute cancellations, in this case you will not have much notice.

......sometimes it will be for a full 12 hour shift, or sometimes for a few hours If you are interested, please contact your phone captain or your group rep.

Call for Articles

The AA Grapevine is your meeting. Please feel free to share. If you would like to share a story with us, please keep in mind that we need to receive it at least three months prior to publication. The Grapevine welcomes articles on every aspect of recovery in Alcoholics Anonymous. We are always glad to get stories about helping others and working with professionals. In addition, we always welcome articles about the Traditions and the Twelve Steps. Suggested manuscript length is three to seven double-spaced pages. Include your full name, address, phone number, and e-mail address. Please keep a copy of your work because manuscripts cannot be returned. Refer to our Submission Guidelines for more information.

Mail to: Editorial Department, Grapevine 475 Riverside Drive New York, NY 10115

Third Legacy Committee

InterGroup's Third Legacy Committee was formed to promote service work beyond the group level. We have brought together several former Intergroup Chairs, General Service DCMCs and service committee chairs to take commitments to speak at 12th Step meetings, Traditions meetings or group business meetings. These speakers bring a wealth of experience of service work and of applying the principles of our Fellowship in the outside world.

If you are responsible for booking these types of meetings for your group, see us at the exchange meeting, call the SIA office at 654-1150 and leave a message for the 3rd Legacy Chair, or reach us on the Internet: thirdleg@suffolkny-aa.org

Note: Suffolk General Service maintains a separate list of Traditions speakers which can be obtained at the monthly meeting in Rocky Point

Upcoming Events

Suffolk Intergroup Association & Suffolk General Services Present: The Big Meeting

An Open Meeting of A.A. Dinner/Entertainment Provided Saturday August 22nd 2009 6:00 PM.

At The New Village Recreation Center 20 Wireless Road Centereach, NY

For Directions Please Call the SIA Office 631-654-1150

2009 Share-A-Thon: Sunday October 18th 2009 - St. Joseph's College Patchogue, NY