



Suffolk Intergroup Association Of Alcoholics Anonymous Bulletin

August, 2007

Volume 34 Number 4

Meetings & Events In September

09/11

Cleary School, Nesconset

- * **Share-a-thon** 7:00 P.M.
- * **SIA Orientation - New Reps**
7:00 P.M .
- * **SIA Meeting** 8:00 PM

09/19

***Public Information Mtg.**
7:30 PM – SIA Office

09/21

**Trinity Lutheran Church,
Rocky Point**

- * **GSO Orientation** 7:30 P.M.
- * **Suffolk GSO Mtg.** 8:00P.M.

09/26

* **SIA Treatment Facilities
Mtg.**
7:30 P.M. – SIA office

Group Information Form

All groups in Suffolk County should be aware that they are required to fill out a

Meeting List – Group Information Form

found on the insert to this Bulletin. **This is required whether your meetings have changed or not!** The purpose is to keep the meeting list up to date and eliminate those meetings which have ceased to exist. We have all heard of someone, whether it was a newcomer or old timer, who needed a meeting, went to one on the meeting list and found a locked door & no meeting.

These Forms are due to the SIA Office no later than October 1st 2007 or your Group will be removed from the November list!

Rule 37

We experience what we believe. Our focus determines our reality. If we focus on all the negative possibilities in life we are destined only to suffer the negative outcomes. We must be mindful of the future, but not at the expense of the here and now. This allows us to have realistic expectations & goals. It helps us to maintain our serenity in the face of the unknown chaos of what lies far ahead of us.

113 – 8 Bay Avenue / PO Box 659 / Patchogue, NY 11772
(631) 654 – 1150 Fax (631) 654 – 1110
website: www.suffolkny-aa.org

Share-A-Thon Update

Has your group selected a Share-A-Thon rep yet? It's an important job and a great way of having direct input into the process. The Share-A-Thon is moving along nicely but we do need your help. This year's theme is **The Spirit of Responsibility**, scheduled for **Sunday October 28, 2007**, and again this will be held at St. Joseph College in Patchogue. If you haven't attended a Share-A-Thon, you have missed being part of a great gathering of AAs. Last year we had about 800 attendees.

The Share-A-Thon is free and is open to anyone---not just members of Alcoholics Anonymous. There will be lunch tickets sold ---as of press time a price had not been determined by the vendor. To dispel any rumors to the contrary, Suffolk Intergroup has nothing to do with the luncheon, neither presentation nor profit.

The Committee will be meeting the following days starting at 7:00p.m.:

Tuesday, August 14 at Cleary School, Ronkonkoma

Tuesday, August 28 SIA Office, Patchogue

Tuesday, September 11 Cleary School, Ronkonkoma

Tuesday, September 25 SIA Office, Patchogue

Tuesday, October 9 Cornell Cooperative Extension, Riverhead

Tuesday, October 23 SIA Office, Patchogue

Make No Bones About It

Someone once said that the fellowship is made up of 4 kinds of bones. Which one are you?

Wishbones : Those who spend their time wishing someone would do the work.

Jawbones : Those who do all the talking but very little else.

Knucklebones : Those that knock everything that anyone else tries to do.

Backbones : Those who get under the load & do the work!

Believe in Possibilities and Miracles

Accept Life and its Lessons

Let go of the Negative

Aadjust my Attitude to one of Gratitude

Nurture Myself, my growing Faith and Others

Create a new Life by working the Steps

Enyoy every single Blessing, every single Moment

"Hugs, Hope and Healing 2007"
Suffolk Al-Anon Parent/Child Relationship Workshop

September 8, 2007 (Saturday) 11:30AM - 5:00PM:

St. Matthews R.C. Church, Parish Center (2nd Flr),
35 No. Service Road, Dix Hills, NY 11746.

All Welcome!

Al-Anon and Alateen with AA Participation.

Registration opens: 10:30AM, Meetings start: 11:30AM,
Closing: 4:00-5:00PM

Pre-Admission Ticket Sales: \$5.00/Adult, \$1.00/Alateen (sold by members throughout Suffolk & Nassau)

Day of Workshop: \$7.00/Adult, \$2.00/Alateen - Any questions please send email to: pcw07_chair@yahoo.com

Suffolk Intergroup Association of Alcoholics Anonymous is participating in this event. Some topics that we will be sharing with Al-Anon & Alateen members are: **Anger; Fear; How do we share our recovery with our children?; Parents of Alcoholics; Effects on the children; Forgiveness; Abuse, verbal & emotional.**

Volunteers are needed to speak on and chair these topics. If you are interested, please contact:

Edie T. (Pt. Jeff Group) HHH@suffolk-aa.org

Fred H. chairman@suffolkny-aa.org

Some go-getters are also needed to sell advance tickets for this event. Contact the above.



From the Archives

Recently at an SIA meeting, someone raised a legitimate question about the exchange meeting being listed as starting at 8:00am, yet people who show up at 8:00 find that many others have come and gone long before they even got there. Turn our AA clock back in time and you will find that there is nothing new here. At one time, the exchange meeting was held at Cleary School in Ronkonkoma. Back then the meeting met in the evening. Although listed at one time, exchangers showed up earlier than the time set for it. They showed up just as parents were picking their children up. This created major problems. The Cleary people did not like this at all and asked Intergroup to step in and stop this. So Intergroup tried spreading the word to show up at the listed time and....you guessed it ...next time around the undaunted exchangers continued to show up early. Cleary counteracted by having the entrances blocked off. Did this stop our fearless AAs? Of course not! They now started meeting down the block; which now ticked off the neighbors - who also complained. Intergroup tried again to curtail this back alley approach but people still showed up early. So how did this end up? We were asked to leave Cleary and made our way to Suffolk Community College. Believe it or not, there was a time when we met in a nice waterproof part of the Student Union building. But alkies are a rascally lot and soon it was back to the parking lot and in the parking lot it remains to this day.

Did you know that we are asking all Suffolk AAs with 30 plus years of sobriety to sign an original Big Book from 1951. Contact the SIA office and leave word for the Archives and spread the word. As of this writing we had the signatures of 170! We know there are lots more of you out there. Become part of our permanent record!

PLEASE NOTE There will not be an Archives Meeting in September !!!

THE THINGS WE CANNOT CHANGE

We mourn the loss of a dear AA friend ,Danny C., co-founder of the Kings Park Courage to Change Group. A gentle caring man who will be missed tremendously.

“WE'RE IT” (group) in Islip Terrace... and we're air-conditioned and could use some new blood. Come join us every Saturday afternoon at 3:30 for a cool meeting!

HELP NEEDED !!

12th Step Work Available!

Our Primary Purpose is to stay sober & help other alcoholics achieve sobriety.

Treatment Facilities:

The Treatment Facilities chairperson still has the following facilities that desperately need people to chair meetings, if only for a month at a time :

Charlie Murphy's, Northport –

Monday thru Saturday, 10:30 a.m. – Tuesday, 8:00 p.m.

Talbot House, Bohemia – Wednesday, 1:00 p.m.

St. Charles Hospital, Pt. Jefferson -

Women's meeting: Wednesday & Thursday, 1:30 p.m.

V.A. Hospital, Northport – Wednesday, 1:00 – 1:45 p.m.

John J. Foley Nursing Home, Yaphank, Thursday, 2:00 p.m.

Catholic Charities, Kings Park, Wednesday, 11:00 a.m. & Friday, 1:00 p.m.

Corrections:

The Corrections Chairperson needs speakers for most evenings in Riverhead and Yaphank, as well as Chairwomen for the women's DWI facility in Yaphank: Thursday & Friday, 7 p.m.

Schools:

Looking for young people with a minimum of 2 years sobriety to speak at schools.

If ANYONE plans on speaking at a school, PLEASE call Janet - Schools Committee Chair at the SIA office (631) 654 – 1150 or contact her via the SIA website - schools@suffolkny-aa.org.

Public Information:

Public Information work will not make you rich or famous but it could "save someone's life & it will help keep you sober. Service outside the group is very rewarding & can take as little as 1 hour a month. Meets 7:00 p.m. on the third Wednesday of the month at the SIA office.

Share-A-Thon

Needs Group Reps to participate in the planning & implementation of our 2007 Share-A-Thon. Meets 7:00 p.m. the 2nd Tuesday of the month, before the SIA meeting.

**TO VOLUNTEER FOR ANY OF THE ABOVE OPENINGS, PLEASE
CALL THE SIA OFFICE AT : (631) 654 – 1150 OR
VISIT THE WEBSITE AT : www.suffolkny-aa.org**